

CURRICULUM VITAE

Laura Quillian Rogers, M.D., M.P.H., F.A.C.P., F.A.C.S.M.

PERSONAL

Title: Professor

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University of Alabama at Birmingham
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Home Address: 415 Poinciana Drive
Homewood, AL 35209

Citizenship: U.S. Citizen

Date of Birth: February 25, 1958
Daytona Beach, Florida

Marital Status: Married
2 Children

EDUCATION

Undergraduate: Erskine College, 05/18/1980, B.S. Biology

Graduate: University of South Florida College of Medicine, 09/02/1980 -
06/02/1984, M.D. Degree (terminal degree)

University of South Carolina School of Public Health, 09/01/1997 -
05/05/2000, General Masters of Public Health

Postgraduate: Internship, Medical College of Georgia, Internal Medicine,
07/01/1984 - 06/30/1985

Residency, Medical College of Georgia, Internal Medicine,
07/01/1985 - 06/30/1987

LICENSURE

State of Tennessee: License #21510 (inactive)
State of Georgia: License #29237 (inactive)
State of Illinois: License #036-102989 (inactive)
State of Alabama: MD.32277

Federal DEA: BR0767775

BOARD CERTIFICATION

American Board of Internal Medicine	09/16/1987
Special Purpose Examination (SPEX)	12/20/2012
American Board of Obesity Medicine	12/05/2016

PRIMARY ACADEMIC APPOINTMENTS

Instructor in Medicine, Medical College of Georgia	07/01/1987 - 06/30/1990
Assistant Professor of Medicine, Medical College of Georgia	07/01/1990 - 02/28/1991
Employment gap due to relocation and childcare	03/01/1991 -
05/31/1991	
Assistant Professor of Medicine, University of Tennessee, Memphis	06/01/1991 - 04/30/1994
Employment gap due to relocation and childcare	05/01/1994 - 07/31/1994
Assistant Professor of Medicine, Medical College of Georgia	08/01/1994 - 06/30/2000
Employment gap due to relocation and childcare	07/01/2000 - 09/30/2000
Associate Professor, Southern Illinois University School of Medicine	
Division of General Internal Medicine	10/01/2000 - 06/30/2011
Professor, Southern Illinois University School of Medicine	
Division of General Internal Medicine	07/01/2011 - 10/31/2012
Visiting Professor, Southern Illinois University School of Medicine	
Division of General Internal Medicine	11/01/2012 – 10/31/2013
Professor with tenure, University of Alabama at Birmingham	
Department of Nutrition Sciences	11/01/2012 - Present

CURRENT CLINICAL APPOINTMENTS

Medical Staff Physician, Memorial Medical Center, Springfield, IL	2000 - 2012
Medical Staff Physician, St. John's Hospital, Springfield, IL	2000 - 2012
VA Hospital, Birmingham, AL	2012 - 2014
University of Alabama Health System, Birmingham, AL	2013 - Present

ADMINISTRATIVE APPOINTMENTS

Co-director of the General Internal Medicine Clinic, Gailor Medicine Clinic	1992 - 1994
MED Staff Quality Assurance, Sepsis/Pneumonia	1993 - 1994
Secondary appointment as Assistant Professor of Pediatrics to formalize collaborative research activities within the Georgia Prevention Institute, Medical College of Georgia	1997 - 2000
Health Services Journal Club Director, Southern Illinois University School of Medicine	2001 - 2007
Secondary appointment as member of the Southern Illinois University School of Medicine Division of Biostatistics & Research to formalize collaborative research and education contributions	2001 - 2004
Research Director, Southern Illinois University Comprehensive Obesity Management Program	2004 - 2009
Director of Clinical Research, Division of General Internal Medicine	2004 - 2012
Medical Director, Southern Illinois University Comprehensive Obesity	

Management Program	2005 - 2009
Full membership, Southern Illinois University School of Medicine Simmons Cancer Institute	2006 - 2012
Adjunct Associate Professor, University of Illinois at Springfield Master of Public Health Department to formalize supervisory role of graduate students	2006 - 2007
Assistant Faculty Coordinator, Faculty Research Forum	2010 - 2012
Senior Scientist, Cancer Control and Population Science Program, University of Alabama at Birmingham Comprehensive Cancer Center	2012 - Present
Senior Scientist, University of Alabama at Birmingham Nutrition Obesity Research Center (NORC)	2012 - Present
Senior Scientist, University of Alabama at Birmingham Center for Exercise Medicine	2012 - Present
Scholar, University of Alabama at Birmingham Center for Palliative and Supportive Care	2013 - 2016
Advisory board, Physical activity/exercise core, University of Alabama at Birmingham, Nutrition Obesity Research Center (NORC)	2013 - Present
Invited member, UAB/Lakeshore Research Collaborative, Birmingham, AL	2014 - Present
Invited member, University of Alabama at Birmingham Global Center for Craniofacial, Oral, and Dental Disorders (GC-CODED)	2014
Senior Scientist, University of Alabama at Birmingham Center for Palliative and Supportive Care	2016 - Present

FACULTY DEVELOPMENT

Faculty Development Fellowship in General Internal Medicine, University of North Carolina Chapel Hill	1988 – 1990
Training Institute for Dissemination and Implementation Research in Health [41 (23%) of 181 applicants accepted for participation]	2015

COMMUNITY ACTIVITIES (2001 - Present)

Impact Arthritis Health Fair, Springfield, IL	March, 2003
University of Illinois Springfield Health Fair, Springfield, IL	April, 2003
Cover the Uninsured Week Health Fair, Springfield, IL	May, 2004
Girls' Night Out Health Fair, Memorial Medical Center, Springfield, IL	October, 2009
Kick-off ceremony speaker, Relay for Life of Prairie Land Area Youth, Cantrall, IL	May, 2011
2011 Kick-off breakfast speaker, Making Strides, Springfield, IL	August, 2011
Speaker for Rotary Club breakfast meeting, Springfield, IL	October, 2011
Leadership Springfield, Tour of exercise and cancer research lab with description of current research studies, Springfield, IL	November, 2011
Speaker for Daughters of the American Revolution lunch meeting, Springfield, IL	December, 2011
2012 Kick-off breakfast speaker, Making Strides, Springfield, IL	August, 2012
2015 Komen Race for the Cure, Expert Panel (Survivors Café), Birmingham, AL	October, 2015
Annual Young Breast Cancer Survivors Workshop (Exhibitor), Birmingham, AL	April, 2016
American Cancer Society Nutrition and Physical Activity Strategic Planning Meeting (participant), Atlanta, GA	December, 2017

HOSPITAL COMMITTEES

Quality Assurance Committee for 5-ICU, Medical College of Georgia	1989 - 1991
Committee on Implementing TLC (managed care), Gailor Clinic	1994
Chair person for the Ambulatory Care Cost Savings Subcommittee of the Pharmacy and Therapeutics Committee, Regional Medical Center	1992 - 1994
Outpatient Department Committee, Regional Medical Center	1992 - 1994
Medical Economics and Outcomes Committee, Memorial Medical Center	2002

INTERNATIONAL COMMITTEES

Scientific Committee for the 12 th International Ottawa Conference on Clinical Competence	2005 - 2006
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SCHOOL COMMITTEES

Faculty Senate, Medical College of Georgia	1988 - 1990
Ambulatory Care Committee, Medical College of Georgia	1988 - 1991
Health Promotion Disease Prevention Curriculum Committee, Medical College of Georgia	1998 - 2000
Resident Clinic Committee, University of Tennessee	1991 - 1993
Information Management Policy Committee, Southern Illinois University School of Medicine	2001
Southern Illinois University Department of Medicine Research Development Task Force	2001
Research Policy Committee, Southern Illinois University School of Medicine	2003 - 2009
Central Research Committee (AKA Grants Review Committee), Southern Illinois University School of Medicine	2004 - 2012
Translational Research Task Force, Southern Illinois University Cancer Institute	2004 - 2005
Clinical Scholars Subcommittee for the Research Policy Committee, Chairman, Southern Illinois University School of Medicine	2005 - 2006
Data Review Team member, Phase II Study of RADPLAT and Tarceva in locally advanced head and neck squamous cell cancer	2006 - 2012
SCRIHS (Springfield Committee for Research in Human Subjects) Subcommittee for Research Policy Committee, Southern Illinois University School of Medicine	2006 - 2007
Regional Medicine/Public Health Education Center Steering Committee, Southern Illinois University School of Medicine	2006 - 2012
Nutrition Curriculum Subcommittee for the Educational Policy Committee, Southern Illinois University School of Medicine	2007 - 2008
Clinical Research Subcommittee for the Research Policy Committee, Chairman, Southern Illinois University School of Medicine	2007 - 2008
Ad Hoc Department of Medicine Philanthropy Committee, Southern Illinois University School of Medicine	2009
Data Safety Monitoring Committee member, Springfield study in coronary artery bypass to prevent lower extremity DVT (SCARLET DVT), Prairie Education and Research Cooperative	2010 - 2012
Research and Technical Subcommittee of the Community Service Committee, Southern Illinois University School of Medicine	2011 - 2012
Strategic Planning Working Group – Obesity and Obesity-related Diseases, University of Alabama at Birmingham, School of Health Professions	2016 - Present

Comprehensive Cancer Center Protocol Review Committee, University of Alabama at Birmingham	2016 - Present
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NATIONAL COMMITTEES

SGIM Scholarship in Medical Education Award Selection Committee, National Society of General Internal Medicine	2003 - 2004
Strategic Health Initiative for Women, Sport, and Physical Activity, National American College of Sports Medicine, Member	2005 - 2013
Cancer Interest Group Chair, National American College of Sports Medicine	2007 - 2009
Strategic Health Initiative for Women, Sport, and Physical Activity, National American College of Sports Medicine, Committee Chair	2013 - 2019
Program Committee, American Society of Preventive Oncology, Member	2014 - 2015

REGIONAL COMMITTEES

Health Department, Chronic Disease Program Outreach Committee, Memphis, TN	1992 - 1994
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CONTINUING MEDICAL EDUCATION COURSE DIRECTOR (2001 - Present)

Our supersized society: obesity and obesity-related diseases in the female patient, Course Director	September, 2004
The obesity epidemic: facing the challenge, Course Director	October, 2005

CONTINUING MEDICAL EDUCATION COURSES (FACULTY PRESENTATIONS)
(2001 - Present)

Exercise and osteoporosis (Southern Illinois University, Springfield, IL)	October, 2002
Men's Health – Exercise prescriptions to reduce obesity (Southern Illinois University, Springfield, IL)	March, 2003
Women's Health – Exercise and osteoporosis (Southern Illinois University, Springfield, IL)	March, 2003
Exercise and osteoarthritis (Effingham, IL)	March, 2003
Exercise and osteoarthritis (Blessing Hospital, Quincy, IL)	April, 2003
Talking to patients about physical activity and weight loss (Illinois Primary Health Care Association, Springfield, IL)	April, 2003
Exercise and osteoarthritis (Women's Health Conference, Carterville, IL)	April, 2003
Exercise for healthy bones and joints (Southern Illinois University)	March, 2004
Exercise in the obese patient: cautions and considerations	September, 2004
Quality of life with breast cancer: exercise as an emerging option (St. John's Hospital, Springfield, IL)	October, 2005
The obesity and cancer connection (Southern Illinois University)	October, 2005
Exercise and quality of life in breast cancer survivors (Simmons Cancer Institute at Southern Illinois University Webcast)	July 2006
Physical activity and head and neck cancer (Cancer Registrars of Illinois, 14 th Annual Meeting, Itasca, IL)	September, 2006
Physical activity promotion in the overweight/obese patient (Tipping the scale: managing obesity in southern Illinois, Carterville, IL)	September, 2007

From registry to recovery: journey to improving exercise adherence in rural breast cancer survivors (Cancer Registrars of Illinois, 17 th Annual Meeting, Springfield, IL)	October, 2009
Exercise and cancer: what the literature shows (10 th Annual St. John's Hospital Cancer Institute Seminar, Springfield, IL)	November, 2010
Exercise and breast cancer (Women's health: rehabilitation across the lifespan, Rush Medical School, Chicago, IL)	May, 2011
The link between cancer and obesity: What women need to know (2011 Illinois Women's Health Conference sponsored by the Illinois Department of Public Health Office of Women's Health, Springfield, IL)	November, 2011
Physical activity after a cancer diagnosis (Living with Cancer sponsored by the Robert E. Reed Gastrointestinal Oncology Research Foundation and UAB Comprehensive Cancer Center, Birmingham, AL)	November 2015
Diet and exercise after pancreatic cancer surgery: a pilot research project. (Living with Cancer Symposium sponsored by the Robert E. Reed Gastrointestinal Oncology Research Foundation and UAB Comprehensive Cancer Center, Birmingham, AL)	November 2015

PEER REVIEWER

External Review Panels, Centers for Disease Control for Special Emphasis Projects, Atlanta, GA	June, 2001
<i>Arthritis Care and Research</i>	2002
<i>Medicine & Science in Sports & Exercise</i>	2002, 2013
<i>Journal of General Internal Medicine</i>	2003 - 2004
Southern Illinois University Combined Research Symposium	2003 - 2010
<i>Teaching and Learning in Medicine</i>	2004 - 2006
<i>Research Quarterly for Exercise and Sport</i>	2004
Society of Behavioral Medicine Annual Meeting, Abstract Reviewer	2004
Southern Illinois University Central Research Committee, Intramural Grant Review	2004 - 2012
<i>Journal of Sport & Exercise Psychology</i>	2005 - 2014
<i>Psycho-Oncology</i>	2005 - 2016
<i>Journal of Physical Activity and Health</i>	2006 - 2012
<i>The Lancet Oncology</i>	2006
<i>Acta Oncologica</i>	2007, 2010
<i>British Journal of Sports Medicine</i>	2007
<i>Ethnicity & Disease</i>	2007
<i>Head & Neck</i>	2008, 2015
<i>Women's Health</i>	2009
<i>Psychology of Sport & Exercise</i>	2009
External Grant Review Panel for the American Cancer Society, Illinois Division, ACS-Illinois Psychosocial & Behavioral Committee	2010 - 2012
National Institutes of Health; Grant reviewer for Member Conflict: Healthcare Delivery and Methodologies	January, 2011
<i>American Journal of Preventive Medicine</i>	2011
<i>Annals of Behavioral Medicine</i>	2011-2014, 2017
<i>Indian Journal of Medical Research</i>	2011
National Cancer Institute Special Emphasis Panel; Grant reviewer for CA110011 and 012 "Research Answers to NCI's Provocative Questions"	2012

National Institutes of Health, Psychosocial Risk and Disease Prevention study section, ad hoc grant reviewer	2012
Canada Research Chairs Program, ad hoc nomination reviewer	2013
<i>Journal of Cancer Survivorship: Research and Practice</i>	2013 - 2016
<i>Journal of Primary Prevention</i>	2013
University of Newcastle, Callaghan, New South Wells, Australia, External Examiner for thesis entitled “Move More for Life: the Development and Evaluation of a Computer Tailored-Print Intervention for Promoting Physical Activity Among Post-Treatment Breast Cancer Survivors” submitted for the degree of Doctor of Philosophy by Ms. Camille E. Short	2013
National Institutes of Health; grant reviewer for Cancer Management and Behavior review panel under the Omnibus FOAs PAR-12-144 (R03) and PAR-13-146 (R21)	April, 2014
Nipissing University, North Bay, ON, Canada, external reviewer, promotion and tenure	August, 2014
University of Alberta, Edmonton, AL, Canada, external reviewer, Promotion and tenure	September 2014
National Comprehensive Cancer Network Survivorship Guidelines institutional review	September 2014
University of Alabama at Birmingham Comprehensive Cancer Center 17 th Annual Research Retreat, poster judge	October, 2014
American Society of Preventive Oncology 39 th Annual Meeting, Birmingham, AL, poster judge	March, 2015
University of Alabama at Birmingham 2015 Deep South Resource Center for Minority Aging Research (RCMAR) Pilot Grant Awards, ad hoc grant reviewer	March, 2015
World Cancer Research Fund International, Regular Grant Program 2014-2015 cycle, ad hoc grant reviewer	April, 2015
University of Calgary, Calgary, Alberta, Canada, External Examiner for thesis (written and oral examination) entitled “Physical activity and nutrition in head/neck oncology: Developing a patient-oriented, clinic-supported program” submitted for the degree of Doctor of Philosophy by Ms. Lauren Carline Capozzi.	May, 2015
University of Alabama at Birmingham Comprehensive Cancer Center Pilot Grants in Pediatric Cancer; grant reviewer	June, 2015
National Institutes of Health; grant reviewer for Omnibus Funding Opportunity Announcements (FOAs) PAR-14-007 (R03s) and PAR-13-146 (R21s), NCI Small Grants Program for Cancer Research and NCI Exploratory/Developmental Research Grant Program, respectively	June, 2015
<i>BMC Medicine</i>	2015
<i>Supportive Care in Cancer</i>	2015
<i>Cancer Causes and Control</i>	2015
New Energetic Ideas for the New Year – 2016, UAB Nutrition Obesity Research Center, presentation judge	January 2016
University of Alabama at Birmingham 2016 Resource Center for Minority Aging Research (RCMAR) Pilot Grant Awards, ad hoc grant reviewer	February, 2016
Center for Healthy African American Men through Partnerships (CHAAMPS), Disparities in African American Men’s Health throughout the Life Course (RFA-CHAAMPS-16-001), ad hoc grant reviewer	March, 2016
World Cancer Research Fund International Grant Program, peer reviewer	April, 2016

Ad hoc NIH study section reviewer for ZRG1 RPHB-W (55) R, PAR-14-315: Developing and Testing Interventions for Health-Enhancing Physical Activity	2016 - 2017
Training Institute for Dissemination and Implementation Research (TIDIRH) applicant review	2016, 2017
<i>European Journal of Cancer Care</i>	2016
Consensus Best Practices Document on the Care of Patients with Obesity on behalf of the American College of Sports Medicine	December 2016
<i>Integrative Cancer Therapies</i>	2017
10 th Annual Dissemination and Implementation Conference, Clinical Care Settings: Patient-level Interventions, abstract reviewer	August 2017
<i>Contemporary Clinical Trials</i>	December 2017

HONORS/AWARDS

Omicron Delta Kappa	1978
President, Omicron Delta Kappa	1979 - 1980
H.M. Young Ring Award	1980
Valedictorian, Erskine College	1980
Faculty-Staff Honor Scholarship	1981 - 1982
Merck Manual Award	1984
Alpha Omega Alpha	1984
AMA Physician's Recognition Award	1987 - 1993
Memphis and Shelby County Health Department Certificate of Appreciation	1994
Fellowship in the American College of Physicians American Society of Internal Medicine (ACP-ASIM)	2001
Fellowship in the American College of Sports Medicine (FACSM)	2005
Outstanding Scholar, Excellence through Commitment Award, Southern Illinois University School of Medicine	2011
Citation Award winner for paper presentation at the Society of Behavioral Medicine 36 th Annual Meeting and Scientific Sessions, San Antonio, TX	2015

SCIENTIFIC AND PROFESSIONAL SOCIETIES

Alpha Omega Alpha	1984 - Present
American College of Physicians	1984 - Present
Society of General Internal Medicine	1987 - 2015
Medical Association of Georgia	1987 - 1991
Richmond County (GA) Medical Society	1987 - 1991
American Heart Association	1992 - 2015
American College of Preventive Medicine	1994 - 2015
Sangamon County Medical Society	2000 - 2008
American College of Sports Medicine	2001 - Present
Society of Behavioral Medicine	2004 - Present
Southwest Oncology Group	2008 - 2012
National Association for the Study of Obesity	2008 - 2009
The Obesity Society	2012 - Present
American Society of Preventive Oncology	2015 - Present

RESEARCH AND TRAINING GRANTS

Funded

American Heart Association, Georgia Affiliate, grant-in-aid to study “Teaching dietary management of hypercholesterolemic patients to residents: a multicenter randomized trial”. Awarded May, 1989. (Principal Investigator)

University of Tennessee Medical Group, Inc. to study “Physicians’ recognition and treatment of hypercholesterolemia”. Awarded October 1991. (Principal Investigator)

University of Tennessee Medical Group, Inc. to study “The effect of a physician smoking cessation program on patient smoking cessation rates measured by salivary cotinine levels: a randomized controlled trial” (\$9239). Awarded October 1991. (Co-Investigator)

American Heart Association, Tennessee Affiliate, Grant-in-aid to study "Improving resident management of hypercholesterolemic patients: a randomized controlled trial". Awarded May 1992. (Principal Investigator)

University of Tennessee Clinical Research Center support to expand the project: "Improving resident management of hypercholesterolemic patients: a randomized controlled trial". Awarded September 1992. (Principal Investigator)

American Heart Association, Georgia Affiliate, Grant-in-aid to study "Predictors of physical activity in a large internal medicine clinic". Awarded July 1, 1996. (Principal Investigator)

American Heart Association, Southeast Affiliate, grant-in-aid to study “Physician fitness program: enhancing the physician as an “exercise” role model for patients”. Awarded July 1, 1999. (Principal Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Measuring physical activity practice and attitudes among rural and urban internal medicine clinic patients”. Awarded July 6, 2001 through July 5, 2002. (Principal Investigator)

Illinois Department of Public Health, to study "Osteoporosis provider education". Awarded July 1, 2002 through June 30, 2003. (Co-Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Applying social cognitive theory and stage of change to better understand the exercise behavior of breast cancer patients”. Awarded July 1, 2002 through June 30, 2003. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Physical activity and biomarkers of joint health relevant to osteoarthritis prevention”. Awarded October 1, 2002 through September 30, 2003. (Principal Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Exercise and breast cancer survivors”. Awarded July 1, 2004 through June 30, 2005. (Principal Investigator)

American Lung Association of Illinois/Iowa, to study “Asthma and adiposity.” Awarded July 1, 2005 through June 30, 2006. (Consultant)

American Cancer Society, Illinois Division, to study “Exercise and rural breast cancer survivors” (#PSB05-03; \$230,972). Awarded September 1, 2005 through August 31, 2007. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “An exercise intervention for breast cancer patients: feasibility and effectiveness” (E200634; \$50,000). Awarded January 1, 2006 through December 31, 2006. (Principal Investigator)

Brooks Medical Research Fund to augment the study entitled “An exercise intervention for breast cancer patients: feasibility and effectiveness” (\$97,568). Awarded July 1, 2006 through June 30, 2007. (Principal Investigator)

Memorial Medical Center Foundation grant to augment the study entitled “An exercise intervention for breast cancer patients: feasibility and effectiveness” (\$24,484). Awarded October 6, 2006 through October 31, 2008. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Quality of life, physical functioning, and head and neck cancer (LIPHT)” (E200729; \$50,000). Awarded January 1, 2007 through December 31, 2007. (Principal Investigator)

Simmons Cancer Institute 2008 Developmental Cancer Research Award in Translational Science, to study “Changes in cancer-related cytokines after a physical activity intervention” (\$100,000). Awarded May 15, 2008 through May 14, 2010. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Resistance training and physical functioning in head and neck cancer patients (RETAIN)” (Intramural pilot grant; \$40,000). Awarded January 1, 2009 through December 31, 2010. (Principal Investigator)

Blue Cross Blue Shield of Illinois, to study “Springfield Collaborative for Child Health” (\$100,000). Awarded May 1, 2009 through October 31, 2010. (Working Group Member)

National Cancer Institute, to study “Enhancing physical activity after breast cancer diagnosis: randomized trial” (R01CA136859 converted to U01CA136859 in January 2014; \$3,581,688). Awarded June 10, 2009 through April 30, 2015 (restructured Spring 2013). (Principal Investigator)

National Cancer Institute, to study “Physical activity benefits after breast cancer: exploring cytokine mechanisms” (1R21CA135017-01A2; \$348,109). Awarded March 1, 2010 through February 28, 2012. (Principal Investigator)

National Institutes of Health, supplement to R01 (before U01 conversion) entitled “Enhancing physical activity after breast cancer diagnosis: randomized trial” to support Dolores Guest, Ph.D. under the Research Supplements to Promote Diversity in Health-Related Research Program (3R01CA136859-02S1; \$83,037). Awarded May 1, 2010 through April 30, 2011. (Principal Investigator)

American Institute of Cancer Research, to study “Resistance training and physical functioning in head and neck cancer patients (RETAIN)” (10A048-REV2; Extramural grant based on above mentioned pilot grant; \$150,000). Awarded January 1, 2011 through December 31, 2012. (Principal Investigator)

National Institutes of Health, supplement to R01 entitled “Physical activity measurement error during and after a physical activity behavior change intervention” (U01CA136859-05S1 and 3U01CA136859-06S1); \$1,189,019), Awarded September 30, 2013 through April 30, 2015. (Principal Investigator)

National Institutes of Health to study “Exploring effects of weight loss on ductal carcinoma in situ” (R21CA178359; \$275,000 direct cost). Awarded March 2014 through April 2016. (Co-investigator)

Palliative Research Enhancement Project of the University of Alabama at Birmingham (Center for Palliative and Supportive Care; \$15,000) entitled “Improving dietary patterns in head and neck cancer survivors to optimize disease outcomes and supportive care: a pilot/feasibility study”. Awarded October 1, 2014 through September, 30, 2015. [Co-investigator; mentor for Dr. Anna Arthur (grant Principal Investigator); no salary support].

National Cancer Institute, to study “Find your BEAT: Toolkit to increase physical activity in rural cancer survivors” (1R21CA182601-01A1; \$351,698). Awarded July 1, 2015 through June 30, 2017. (Principal Investigator).

National Institute of Diabetes and Digestive and Kidney Disease, UAB Nutrition Obesity Research Center grant (P30DK056336; \$742, 088). Awarded January 1, 2000 to June 30, 2016. (Docent for Clinical Science beginning January 1, 2016).

Palliative Research Enhancement Project of the University of Alabama at Birmingham (Center for Palliative and Supportive Care; \$19,805) entitled “Simulated-Altitude as an Adjunct to Optimize Aerobic Exercise in Obese Breast Cancer Survivors with Limited Ambulatory Function: Pilot Randomized Trial”. Awarded October 1, 2015 through September, 30, 2016. [Co-investigator; mentor for Dr. Stephen Carter (grant Principal Investigator); no salary support].

National Academy of Sciences (#2000007148) entitled “Transdisciplinary Collaborative Center (TCC) for Colorectal Cancer Research”. Awarded July 1, 2016 through June 30, 2018 (Co-investigator).

Reed Foundation entitled “Diet and exercise after pancreatic cancer” (\$40,000). Awarded February 22, 2017 through February 21, 2018 with ongoing renewal possible (Principal Investigator).

National Institute on Disability, Independent Living, and Rehabilitation Research, to study “Evaluation of a Telehealth Based Weight Management Treatment Program for Persons with Traumatic Brain Injury (TBI)” (90DP0044-01). Awarded October 1, 2012 to September 30, 2018 (includes no cost extension). (Co-investigator).

National Institute of Diabetes and Digestive and Kidney Disease, UAB Nutrition Obesity Research Center grant (P30DK056336; \$750,000 annual directs). Awarded June 26, 2017 to May 31, 2022. (Docent for Clinical Science).

Miscellaneous “in kind” participation in funded research

Independent monitor for data and safety monitoring for a proposal funded by the National Institute of Diabetes and Digestive and Kidney Diseases to study “Exercise Intensity, Metabolic Rate & Insulin Sensitivity”, Project PI = Dr. Gary Hunter, Dates of participation July 2013 to 2015.

Providing usual care physician supervised weight loss as part of my HSF clinical responsibilities for a proposal funded by the Foundation for Gynecologic Oncology through Wilma Williams Education & Clinical Research Award for Endometrial Cancer and entitled “Feasibility of the Institution of a Combination of Dedicated Nutritional Counseling and Exercise in Stage I Endometrial Cancer Patients Following Minimally Invasive Surgery in the Post Operative Period”, Awarded for January 6, 2014 through December 30, 2014, Project PI = Charles A. Leath III, MD, Amount = \$8,880.00.

Medical supervision for a proposal funded by the Department of Human Studies (Internal Allocation of Funds to Support Faculty Research and Scholarship) to study “Effects of psychotherapy and aerobic exercise on biomarkers of health in overweight sedentary women”, Project PI = Dr. Jane Roy, Dates of participation June 2014 to 2016.

Organizing committee member for a conference grant proposal funded by the National Institute on Minority Health and Health Disparities (R13MD009546) entitled “Coming together to advance minority cancer survivorship research: First symposium focused on African-American survivors”, Project PIs = Dr. Maria Pisu and Dr. Michelle Martin, Dates of participation September 1, 2014 to August 31, 2015.

Physician on record as sub-PI if Principal Investigator is unavailable for a study funded by Sanofi entitled “A Randomized, Double-blind, Placebo-controlled, Parallel-group, Multicenter Study to Demonstrate the Effects of Sotagliflozin on Cardiovascular and Renal Events in Patients with Type 2 Diabetes, Cardiovascular Risk Factors and Moderately Impaired Renal Function” (The SCORED Trial; EFC14875), Project PI = Dr. Tim Garvey, Dates of participation January 2018 to present.

PUBLICATIONS

Refereed

1. **Rogers, LQ;** Fincher, RME; Lewis, LA; Nance, LD III. (1989) A survey to determine factors influencing medical students' career choice. Acad Med. 64: 417.
2. **Rogers, LQ;** Lutcher, CL. (1990) Streptokinase therapy for deep venous thrombosis: a comprehensive review of the English Literature. Am J Med. 88: 389-395.
3. **Rogers, LQ;** Fincher, RME; Lewis, LA. (1990) Factors influencing medical students to choose primary care or non-primary care specialties. Acad Med. 65: 547-548.
4. **Rogers, LQ;** Fincher, RME; Strong, WB. (1990) Primary prevention of coronary artery disease through a family-oriented cardiac risk factor clinic. Sou Med J. 83:1270-1272.

5. Darden, PM; Jackson, SM; *CADRE Study Group. (1991) Are pediatric residents prepared to do dietary counseling for hypercholesterolemic patients? Ann N Y Acad Sci. 623: 422-423.
6. Jackson, SM; Darden, P; *CADRE Study Group. (1991) Teaching pediatric residents to control cholesterol with diet. Ann N Y Acad Sci. 623: 424-426.
7. Fincher, RME; Lewis, LA; **Rogers, LQ.** (1992) Classification model that predicts medical students' choices of primary care or non-primary care specialties. Acad Med. 67: 324-327.
8. Levine, MA; Grossman, RS; Darden, PM; Jackson, SM; Peden, JG; Ammerman, AS; Levin, ML; Layne, RD; **Rogers, LQ;** Seelig, CB; Evans, AT; Settle, MB; Fletcher, SW. (1992) Dietary counseling of hypercholesterolemic patients by internal medicine residents. J Gen Int Med. 7: 511-516.
9. **Rogers, LQ;** Johnson, KC; Arheart, KL. (1993) Current physician screening and treatment of hypercholesterolemic patients. Am J Med Sci. 306: 124-128.
10. **Rogers, LQ;** Peden, JG; Seelig, CB; Grossman, R; Levin, ML; Evans, AT; Fletcher, SW; Stritter, FT; Ammerman, A; Settle, MB; Levine, MA; Darden, PM; Jackson, SM; Layne, RD. (1994) A program for teaching residents to provide dietary counseling for hypercholesterolemic patients. Teach Learn Med. 6: 277-282.
11. Evans, AT; **Rogers, LQ;** Peden, JG; Seelig, CB; Layne, RD; Levine, MA; Levin, ML; Grossman, RS; Darden, PM; Jackson, SM; Ammerman, AS; Settle, MB; Stritter, FT; Fletcher, SW, and the CADRE Study Group. (1996) Teaching dietary counseling skills to residents: patient and physician outcomes. Am J Prev Med. 12(4): 259-265.
12. **Rogers, LQ;** Johnson, KC; Young, ZM; Graney, M. (1997) Demographic bias in physician smoking cessation counseling. Am J Med Sci. 313(3): 153-158.
13. **Rogers, LQ;** Macera, CA; Hootman, JM; Ainsworth, BE; Blair, SN. (2002) The association between joint stress from physical activity and self-reported osteoarthritis: an analysis of the Cooper Clinic data. Osteoarth Cart. 10: 617-622.
14. **Rogers, LQ;** Bailey, JE; Gutin, B; Johnson, KC; Levine, MA; Milan, F; Seelig, CB; Sherman, SE. (2002) Teaching resident physicians to provide exercise counseling: a needs assessment. Acad Med. 77 (8): 841-844.
15. MacDonald, J; Ketchum, J; Williams, R; **Rogers, LQ;** Varney A. (2003) A lay person versus a trained endoscopist: can the preop endoscopy simulator detect a difference? J Surg Endo. 17(6): 896-898.
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Invited Editorial

1. **Rogers, LQ**. (2012) Using exercise to fight fatigue in breast cancer survivors: challenges and future directions. Expert Reviews of Pharmacoeconomics and Outcomes Research. 12(3):251-254.

Letter-to-the-editor

1. **Rogers, LQ**; Lutcher, CL. (1990) Incidence of post - phlebotic syndrome after streptokinase therapy for deep vein thrombosis (Letter-to-the-editor: the reply). Am J Med. 9: 698.
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5. Carter, SJ; Herron, RL; **Rogers, LQ**; Hunter, GR. (in press) Is “high-intensity” a bad word? (Letter-to-the-editor). Journal of Physiotherapy.

Abstracts

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42. Reminger, S; Ames, S; **Rogers, LQ**; Canaday, D; Trammel, R; Fogleman, A; Spenner, A. (2013) Cognitive function, mood, and leptin levels in cancer survivors and healthy controls. The clinical Neuropsychologist. 27(5):745.
43. Ward-Ritacco, CL; Adrian, AL; O'Conner, PJ; Johnson, MA; **Rogers, LQ**; Evans, EM (2014). Feelings of energy are associated with physical activity and sleep quality, but not adiposity, in middle-aged postmenopausal women. Med Sci Sports Exerc. 46(Supplement):S527.

44. Acitelli, RM; Ward-Ritacco, CL; Adrian, AL; Johnson, MA; **Rogers, LQ**; Evans, EM (2014). Physical function in middle-aged postmenopausal women: Relationships with adiposity, physical activity and muscle quality. Med Sci Sports Exerc. 46(Supplement):S618.
45. **Rogers, LQ**; Courneya, KS; Anton, PM; Hopkins-Price, P; Verhulst, S; Vicari, S; Robbs, R; Hoelzer, K; Mocharnuk, R; McAuley, E (2015). BEAT Cancer intervention effects on physical activity and quality of life in breast cancer survivors. Ann Beh Med. 49(Supplement 1):S174.
46. Hyndman, L; Courtney, B; Gamble, K; **Rogers, LQ** (2015). Exercise timing and sleep quality response to an exercise intervention in breast cancer survivors. Med Sci Sports Exerc. 47(Supplement):S692.
47. Carter, SJ; Hunter, GR; McAuley, E; Courneya, KS; Anton, PM; **Rogers, LQ** (2016). Lower rate-pressure product during submaximal walking is associated with fatigue improvement among breast cancer survivors. Med Sci Sports Exerc. 48(Supplement).

Non-Refereed

1. Fincher, RME; Anders, DA; Hartney, TJ; Jarvis, RJ; Lunn, JS; Riley, MG; **Rogers, LQ**. (December, 1987) Self assessment computer-assisted learning instructional program: self-test 25 – Internal Medicine. Vision Software, Inc., Atlanta, GA.
2. **Rogers, LQ** (August, 2008) “Exercising regularly after a cancer diagnosis”, American College of Sports Medicine website (http://www.acsm.org/AM/Template.cfm?Section=Home_Page&Template=/CM/HTMLDisplay.cfm&ContentID=11092; accessed 6/28/11).
3. **Rogers, LQ**. (Fall, 2008) Exercise and cancer prevention. Simmons Cancer Institute at Southern Illinois University Newsletter.
4. **Rogers, LQ** (October, 2009) “Exercise as a way to reduce the side effects of breast cancer diagnosis and treatment”, American College of Sports Medicine website (http://www.acsm.org/AM/Template.cfm?Section=Home_Page&Template=/CM/HTMLDisplay.cfm&ContentID=13674; accessed 6/28/11).
5. **Rogers, LQ** (March, 2010) Breast cancer survivors and weight lifting. Simmons Cancer Institute at Southern Illinois University Newsletter.
6. **Rogers, LQ** in collaboration with Southern Illinois University School of Medicine Office of Public Affairs (April, 2012) Exercise for weight management. Special release to the State Journal-Register, Be Healthy Springfield website (http://www.sj-r.com/health/x1783285346/Exercise-for-Weight-Management?zc_p=0).
7. **Rogers, LQ** (November/December 2013; page 25) “Whatever moves you: Tools for getting started with an exercise routine”, Coping Magazine (http://copingmag.com/cwc/index.php/feature_article/whatever_moves_you; home-page featured article week of December 16, 2013).

8. **Rogers, LQ** (January 2014) in collaboration with the University of Alabama at Birmingham Health Systems Marketing (Christy Roach) contributed to “UAB physicians make realities instead of resolutions” (<http://www.uabmedicine.org/news/enews-why-resolutions-fail-and-solutions>).
9. Rogers, LQ (October 2017) “Better sleep for breast cancer survivors starts with physical activity”, The ACSM Blog (<http://www.acsm.org/public-information/acsm-blog/2017/10/17/better-sleep-breast-cancer-survivors-physical-activity>); accessed 11/03/2017).

* CADRE Study Group (Cholesterol and Diet Resident Education Study Group) consists of the following authors: Ammerman, A; Darden, PM; Evans, AT; Fletcher, SW; Grossman, R; Jackson, SM; Layne, RD; Levin, ML; Levine, MA; Peden, JG; **Rogers, LQ**; Seelig, CB; Settle, MB; Stritter, FT.

Book chapters

1. Demark-Wahnefried, W; **Rogers, LQ**; Alfano, CM; Thomson, CA; Courneya, KS; Meyerhardt, JA; Stout, NL; Kvale, E; Ganzer, H; Ligibel, JA. (2018) Diet, physical activity, and weight control for cancer patients and survivors. In American Cancer Society (ed.), *The American Cancer Society's Principles of Oncology Prevention to Survivorship*, First Edition, pp. 293-304. Hoboken, NJ: John Wiley & Sons, Inc.
2. **Rogers, LQ**; Carter, SJ, Williams, G; Courneya, KS. (in press; anticipated in 2018) Physical activity: benefits, behavior change, and recommendations. *Handbook of Cancer survivorship*, Second edition. Springer International publishing AG, Cham.

PRESENTATIONS

Research

1. **Rogers, LQ**; Fincher, RME; Lewis, LA; Nance, LD III. (March 17, 1989) What influences students to choose primary care specialties? Presented at the Southern Group on Medical Education Annual Meeting, Charlottesville, VA.
2. **Rogers, LQ**. Strategies for recruiting into primary care. (March 17, 1989) Presented at the Southern Group on Medical Education Annual Meeting, Charlottesville, VA.
3. **Rogers, LQ**; Strong, WB; Fincher, RME. (November, 1989) Primary prevention of coronary artery disease through a family-oriented cardiac risk factor clinic. Presented at the 83rd Annual Scientific Assembly of the Southern Medical Association, Washington, DC.
4. Herring, LM; **Rogers, LQ**; Fincher, RME. (November, 1989) Recognition of hypercholesterolemia in cardiac catheterization compared with general medicine admissions. Presented at the 83rd Annual Scientific Assembly of the Southern Medical Association, Washington, DC.
5. **Rogers, LQ**; Fincher, RME; Lewis, LA; Nance, LD III. (March, 1990) Factors influencing students to choose specialties other than primary care. Presented at the Southern Group on Educational Affairs Annual Meeting. Chapel Hill, NC.

6. **Rogers, LQ;** Fincher, RME; Lewis, LA. (October, 1990) Factors influencing medical students to choose primary care or non-primary specialties. Presented by Dr. Fincher at the 29th Annual Conference on Research in Medical Education.
7. Fincher, RME; Lewis, LA; **Rogers, LQ.** (April 5, 1991) A 3-year study of influences on students' choice of primary or non-primary care specialties. Presented at the Southern Group on Educational Affairs Annual Meeting, Houston, TX.
8. **Rogers, LQ;** Evans, A; *CADRE Study Group. (April 29, 1992) The effect of physician education on patient cholesterol. Presented at the Society of General Internal Medicine Meeting, Washington, DC.
9. **Rogers, LQ;** Johnson, KC; Arheart KL. (January 22, 1993) Current physician screening and treatment of hypercholesterolemic patients. Presented at the Southern Section of the Society of General Internal Medicine Meeting, New Orleans, LA.
10. **Rogers, LQ;** Johnson, KC; Arheart, KL. (April, 1993) Resident knowledge and utilization of NCEP guidelines. Presented by Dr. Johnson at the National Society of General Internal Medicine meeting, Washington, DC.
11. **Rogers, LQ;** Johnson, KC. (March 31, 1995) Patient follow-up during clinical trials in an inner city population: problems and solutions. An interest group presented at the Prevention 95 Meeting, New Orleans, LA.
12. **Rogers, LQ;** Johnson, KJ; Mobley, JA. (March 24, 1996) Inner-city patients with Hypercholesterolemia: attitudes toward a low fat diet. Presented at the American College of Preventive Medicine Meeting (Prevention 96), Dallas, Texas.
13. DuPre, CT; **Rogers, LQ.** (January, 1997) Enhancing breast cancer screening in Georgia. Presented by Dr. DuPre at the Southern Society of General Internal Medicine meeting.
14. **Rogers, LQ;** Gutin, B; Louard, RJ; Davis, HC. (April 17, 1997) A comparison of diabetic and non-diabetic patients on measures of activity, self-efficacy for exercise and barriers to exercise. Presented by H Davis at the Society of Behavioral Medicine National Meeting, San Francisco, CA.
15. **Rogers, LQ;** Johnson, KC; Mobley, JA. (May 3, 1997) Determinants of resident treatment of hypercholesterolemic patients. Presented at the Society of General Internal Medicine National Meeting, Washington, DC.
16. **Rogers, LQ;** Humphries, MC; Davis, H; Gutin, B. (June 4, 1998) Predictors of physical activity among Internal Medicine clinic patients. Presented at the American College of Sports Medicine Annual Meeting, Orlando, FL.
17. **Rogers, LQ;** Humphries, MC; Gutin, B; Lemmon, C. (June 1, 2001) Effect of a physician fitness program on fitness, behavior, and attitudes toward physical activity. Presented at the National American College of Sports Medicine Meeting, Baltimore, MD.

19. **Rogers, LQ**; Gutin, B; Humphries, MC. (May 29, 2002) Assessing physical activity determinants and preferences among patients with arthritis to enhance future intervention design. Presented at the National American College of Sports Medicine Meeting, St.Louis, MO.
19. Matevey, C; **Rogers, LQ**; Dawson, B; Tudor-Locke, C. (May 30, 2003) Reactivity to pedometer self-monitoring: a randomized controlled crossover study. Presented by C Matevey as at the National American College of Sports Medicine Meeting, San Francisco, CA.
20. **Rogers, LQ**; Carney, L; Matevey, C. (May 31, 2003) Exercise behavior and attitudes among Internal Medicine Patients. Presented at the National American College of Sports Medicine Meeting, San Francisco, CA.
21. Hopkins-Price, P; Matevey, C; **Rogers, LQ**. (May 31, 2003) Evaluating breast cancer patients needs for development of a physical activity program during treatment. Presented by Dr. Hopkins-Price at the National American College of Sports Medicine Meeting, San Francisco, CA.
23. Bailey, L; Peralta, E; Litwiller, A; **Rogers, LQ**; Dunnington, G. (September, 2003) Effect of lifestyle factors on breast cancer incidence in women with Gail score > 1.7. Presented by Dr. Peralta at the Lynn Sage Breast Cancer Symposium, Chicago, IL.
24. Robinson, R; Bussing, RC; Todd, CY; **Rogers, LQ**. (May, 2004) Improving surgical risk assessment, risk factor documentation, and perioperative beta blocker utilization with a evidence based physician risk evaluation form. Presented by Dr. Gilani at the National Society of General Internal Medicine Meeting, Chicago, IL.
25. **Rogers, LQ**; Matevey, C; Dawson, B; Greive, A. (June 3, 2004) Exercise behavior and social cognitive theory among breast cancer patients during treatment. Presented at the National American College of Sports Medicine Meeting, Indianapolis, IN.
26. Peralta, EA; **Rogers, LQ**; Pamerter, R; Dunnington, GL. (October 19, 2004) Adipocytokines as biomarkers for breast cancer prevention. Presented by Dr. Peralta at the Third Annual AACR International Conference on Frontiers in Cancer Prevention Research, Seattle, WA.
27. **Rogers, LQ**; Courneya, KS; Verhulst, SJ; Lanzotti, VJ; Shah, PC. (April, 2005) Psychometric properties of exercise self-efficacy scales for breast cancer patients. Presented at the Society of Behavioral Medicine Annual Meeting, Boston, MA.
28. Chittari, LM; **Rogers, LQ**; Hopkins-Price, P; Pamerter, R; Francis ML; Bajwa, HA; Idusuyi, O. (June 4, 2005) Associations between osteoarthritis biomarkers and physical activity in healthy females with family history of osteoarthritis. Presented by Dr. Chittari at the National American College of Sports Medicine Meeting, Nashville, TN.
29. **Rogers, LQ**; Courneya, KS; Shah, P; Dunnington, G; Greive, A; Shanmugham, A; Dawson, B. (June 3, 2005) Physical activity correlates during breast cancer treatment within a social cognitive theory framework. Presented at the National American College of Sports Medicine Meeting, Nashville, TN.

30. **Rogers, LQ;** Courneya, KS; Shah, P; Dunnington, G; Hopkins-Price, P. (March 24, 2006) Exercise stage of change, barriers, expectations, and values during breast cancer treatment. Presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
31. **Rogers, LQ;** Courneya, KS; Gururaja, R; Markwell, S; Imeokparia, R. (March 23, 2006) Lifestyle behaviors among men with and without prostate cancer. Presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
32. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Seiz, A; Koch, L; Nagarkar, M; Rao, K. (June 1, 2006) Exercise and quality of life in head and neck cancer patients. Presented at the National American College of Sports Medicine Meeting, Denver, CO.
33. **Rogers, LQ;** Malone, J; Robbins T; Rao, K; Courneya KS; Seiz A. Multivariate analysis of multi-domain quality of life predictors among head and neck cancer patients. (August 18, 2006) Presented as a moderated poster at the American Head & Neck Society Annual Meeting, Chicago, IL.
34. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Rao K; Seiz A; Koch L. (March 23, 2007) Physical activity correlates in head and neck cancer survivors. Presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC.
35. **Rogers, LQ;** Courneya, KS; Rao, K; Robbins, T, Malone, J; Seiz, A; Reminger, S. (June 1, 2007) Physical activity, sleep, cognitive function, and fatigue in head and neck cancer survivors. Presented at the National American College of Sports Medicine Meeting, New Orleans, LA.
36. **Rogers, LQ.** (May 1, 2008) Increasing physical activity adherence after breast cancer diagnosis. Presented at the Southwest Oncology Group Meeting, Atlanta, Georgia.
37. Reminger, SL; **Rogers, LQ;** Fogleman, A; Malone, J; Rao, K; Robbins, KT; Courneya, KS. (May 9, 2008). Decline in cognitive function following treatment for head and neck cancer. Presented by Dr. Reminger at the Midwest Neuropsychology Group meeting, Chicago, IL.
38. **Rogers, LQ;** Hopkins-Price, P; Vicari, S; Pamerter, R; Courneya, KS; Markwell, S; Verhulst, S; Hoelzer, K; Naritoku, C; Jones, L; Dunnington, G; Lanzotti, V; Wynstra, J; Shah, L. (May 30, 2008) Effectiveness of a physical activity behavior change intervention for breast cancer survivors: a randomized trial. Presented by Dr. Rogers as an oral presentation at the American College of Sports Medicine Annual Meeting, Indianapolis, IN.
39. Tippey, A; **Rogers, LQ;** Malone, J; Rao, K; Fogleman, A; Courneya, KS; Robbins, KT. (May 31, 2008) Exercise program preferences among head and neck cancer survivors: associations with quality of life. Presented by A Tippey as a poster presentation at the American College of Sports Medicine Annual Meeting, Indianapolis, IN.
40. **Rogers, LQ.** (October 30, 2008) Exercise intervention trial: precapsule under consideration. Presented at the Southwest Oncology Group Meeting, Chicago, IL.
41. **Rogers, LQ.** (January 19, 2009) Exercise intervention trials in breast cancer patients: collaboration opportunities. Presented at Simmons Cancer Institute Breast Cancer Working Group First Annual Research Meeting, Springfield, IL.

42. **Rogers, LQ.** (April 23, 2009) Exercise intervention trial during chemotherapy for breast cancer. Presented at the Southwest Oncology Group Meeting, Atlanta, Georgia.
43. **Rogers, LQ.** (August 2009) Enhancing physical activity adherence after breast cancer diagnosis: randomized trial. Presented at the Southern Illinois University Department of Medicine Quarterly Staff meeting, Springfield, IL.
44. **Rogers, LQ.** (September 18, 2009) Exercise and cancer survivorship: a research journey. Presented at the Simmons Cancer Institute Fifth Annual Retreat, Springfield, IL.
45. **Rogers, LQ.** (October 2, 2009) Exercise and cancer survivorship: a research journey (adapted for resident physicians). Presented at the Faculty Research Forum, Southern Illinois University Department of Medicine, Springfield, IL.
46. **Rogers, LQ.** (October 19, 2009) Move to Recovery: building on an exercise and cancer survivorship experience. Presented at the Southern Illinois Healthcare Foundation, East St. Louis, IL.
47. **Rogers, LQ.** (October 22, 2009 & October 21, 2010) Exercise feasibility trial during chemotherapy for breast cancer (SWOG S0932, reassigned as S1010). Presented at the Southwest Oncology Group Meeting, Chicago, IL.
48. **Rogers, LQ.** (November 6, 2009) Randomized trial of exercise in breast cancer survivors. Presented at the Faculty Research Forum, Southern Illinois University Department of Medicine, Springfield, IL.
49. White, SM; McAuley, E; **Rogers, LQ**; Courneya, KS. (December 2009) Psychosocial mechanisms for explaining the relationship between physical activity and fatigue in breast cancer survivors. Paper presented by SM White at the annual meeting of the American Association for Cancer Research International Conference: Frontiers in Cancer Prevention Research, Houston, TX.
50. Deschler, D; Fogleman, A; **Rogers, LQ**; Trammell, R; Johnson, G; Johnson, R; Ames, S; Dumich, S. (May 5, 2010) Factors associated with inflammatory markers in endometrial cancer survivors: a pilot study. Presented by D Deschler at the 20th Annual Trainee Research Symposium, Southern Illinois University School of Medicine, Springfield, IL.
51. **Rogers, LQ**; Markwell, S; Hopkins-Price, P; Vicari, S; Courneya, KS; Hoelzer, K; Verhulst, S. (August 7, 2010) Mediators of adherence after a physical activity intervention for breast cancer survivors. Presented by Dr. Rogers as a paper presentation at the 11th International Congress of Behavioral Medicine, Washington, DC.
52. Reminger, S; **Rogers, LQ**; Fogleman, A; Malone, J; Rao, K; Robbins, KT; Courneya, KS. (September 11, 2010) Neuropsychological consequences of head and neck cancer. Data blitz presentation by Dr. Reminger at the Fifth Biennial Southern Illinois Region Neuroscience Retreat, Collinsville, IL.
53. Kalapurakal, S; **Rogers, LQ**; Rao, K; Trammell, R; Fogleman, A; Hopkins-Price, P; Vicari, S; Verhulst, S; Courneya, LS; Toth, L. (April 4, 2011) Factors associated with fatigue, sleep

- dysfunction, and joint symptoms in breast cancer survivors. Presented by Dr. Kalapurakal as a poster presentation at the 2011 American Association for Cancer Research (AACR) Annual Meeting, Orlando, FL.
54. Guest, DD; **Rogers, LQ**; Evans, EM. (June 2, 2011) Nutritional intake, physical activity, adiposity, and perceived fatigue in breast cancer survivors. Presented by Dr. Evans as a poster presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
 55. McCoy, K; Hopkins-Price, P; **Rogers, LQ**. (June 3, 2011) Factors influencing long term physical activity adherence in breast cancer survivors. Presented by K McCoy as an oral presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
 56. Bradley, C; Anton, PM; **Rogers, LQ**. (June 4, 2011) Resistance training/nutrition intervention in a tonsil carcinoma patient undergoing radiation treatment: a case study. Presented by C Bradley as a poster presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
 57. **Rogers, LQ**. (October 13, 2011) Symptom Control and QoL committee: exercise survey results and S1010 update. Presented at the Southwest Oncology Group (SWOG) Meeting, San Antonio, TX.
 58. **Rogers, LQ**. (November 16, 2011) Physical activity and cancer survivorship in rural Illinois. Presented as a research seminar at the University of Alabama at Birmingham Comprehensive Cancer Center, Birmingham, AL.
 59. **Rogers, LQ**. (March 20, 2012) Case presentation posing a statistical question for discussion by the Statistical Challenges Panel at the Cancer Prevention and Control Investigators Workshop at the National Cancer Institute, Fishers Lane Conference Center, Rockville, MD.
 60. Guest, DD; Das, BM; Ward, CL; Petruzzello, SJ; **Rogers, LQ**; Evans, EE. (April 13, 2012) Differential effects of physical activity and adiposity on fatigue dimensions and physical function in breast cancer survivors. Presented by Dr. Evans as a poster presentation at the Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
 61. Ames, S; **Rogers, LQ**; Fogleman, A; Spenner, A; Canaday, D; Trammell, R. (April 25, 2012) Inflammation and patient-reported outcomes in breast and endometrial cancer survivors compared with non-cancer controls. Presented by S Ames as an oral presentation at the Southern Illinois University School of Medicine 22nd Annual Trainee Symposium (awarded 2nd place for best medical student oral presentation).
 62. **Rogers, LQ**; Trammell, R; Vicari, S; Hopkins-Price, P; Spenner, A; Fogleman, A; Rao, K; Courneya, KS; Hoelzer, K; Robbs, R; Verhulst, S. (March 23, 2013) Inflammatory mediators, exercise, and fatigue in breast cancer survivors: Pilot randomized trial. Presented as a rapid communication poster at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA (Program posted online - www.sbm.org/meetings/2013/rapid-communication-abstracts).
 63. **Rogers, LQ**; Trammell, R; Vicari, S; Hopkins-Price, P; Spenner, A; Fogleman, A; Rao, K; Courneya, KS; Hoelzer, K; Robbs, R; Verhulst, S. (March 23, 2013) Pilot randomized

exercise trial testing inflammatory mediators of sleep quality in breast cancer survivors. Presented as a rapid communication poster at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA (Program posted online - www.sbm.org/meetings/2013/rapid-communication-abstracts).

64. Velazquez, A; Steward, D; **Rogers, LQ.** (April 17, 2013) Effects of a mobile phone application intervention on medical student weight loss and perceived patient counseling ability. Presented by A Velazquez as an oral presentation at the Southern Illinois University School of Medicine 23rd Annual Trainee Symposium (awarded 1st place for best medical student oral presentation).
65. **Rogers, LQ.** (May 1, 2013) Exercise during and after treatment for head and neck cancer. University of Alabama at Birmingham Center for Exercise Medicine Research Roundtable, Birmingham, AL.
66. Hall, C; Hyndman, L; Soleymani, T; Daniel, S; **Rogers, LQ.** (July 24, 2013) Evaluating a medically supervised weight loss program to reduce health disparities and prevent cancer. Presented by Ms. Hall as a poster presentation at the 2013 Summer Institute, Emory Conference Center and Hotel, Atlanta, GA.
67. Reminger, S; Ames, S; **Rogers, LQ;** Canaday, D; Trammel, R; Fogleman, A; Spenner, A. (August 2013) Cognitive function, mood, and leptin levels in cancer survivors and healthy controls. Presented as a poster by Dr. Reminger at the 121st Annual Conference of the American Psychological Association, Honolulu, HI.
68. Hyndman, L; Soleymani, T; Daniel, S; Blair, C; Hall, C; **Rogers, LQ.** Weight loss barriers: Cancer survivors versus non-cancer controls (October 29, 2013). Presented as a poster presentation by L Hyndman at the Medical Student Research Day 2013, Volker Hall University of Alabama at Birmingham School of Medicine, Birmingham, AL.
69. Ward-Ritacco, C; Adrian, A; O'Conner, P; **Rogers, L;** Evans, E (November 8, 2013). Fatigue and physical function in postmenopausal breast cancer survivors and age and adiposity matched controls: Relationships with body composition and physical activity. Presented by Dr. Ward as a poster presentation at the American Institute of Cancer Research Annual Research Conference, Bethesda, MD.
70. Hall, C; Hyndman, L; Soleymani, T; Daniel, S; Blair, C; **Rogers, LQ.** Medically supervised weight loss: Needs assessment with a focus on cancer prevention. Presented as a poster presentation by C Hall on November 15, 2013 at the Annual Biomedical Research Conference for Minority Students, Nashville, TN.
71. Ward-Ritacco, CL; Adrian, AL; O'Conner, PJ; Johnson, MA; **Rogers, LQ;** Evans, EM (May 30, 2014). Feelings of energy are associated with physical activity and sleep quality, but not adiposity, in middle-aged postmenopausal women. Presented by Dr. Ward as a poster presentation at the American College of Sports Medicine Annual Meeting, Orlando, FL.
72. Acitelli, RM; Ward-Ritacco, CL; Adrian, AL; Johnson, MA; **Rogers, LQ;** Evans, EM (May 30, 2014). Physical function in middle-aged postmenopausal women: Relationships with adiposity, physical activity and muscle quality. Presented by Rachelle Acitelli as a poster presentation at the American College of Sports Medicine Annual Meeting, Orlando, FL.

73. Hyndman, L; Kumar, R; Ptacek, T; Morrow, C; **Rogers, LQ** (October 6, 2014). Changes in the gut microbiome of breast cancer survivors with improved cardiorespiratory fitness. Presented by LaKeshia Hyndman as a poster presentation at the University of Alabama at Birmingham Comprehensive Cancer Center 17th Annual Research Retreat, Birmingham, AL. Also presented by Laura Rogers at the UAB Microbiome Resource Workshop in Birmingham, AL on January 26, 2015 and by LaKeshia Hyndman at the American Society of Preventive Oncology 39th Annual Meeting in Birmingham, AL on March 15, 2015.
74. **Rogers, LQ**; Courneya, KS; Anton, PM; Hopkins-Price, P; Verhulst, S; Vicari, S; Robbs, R; Hoelzer, K; Mocharnuk, R; McAuley, E (April 24, 2015). BEAT Cancer intervention effects on physical activity and quality of life in breast cancer survivors. Presented by Laura Rogers at the Society of Behavioral Medicine 36th Annual Meeting and Scientific Sessions, San Antonio, TX. (Note: Citation Award Recipient)
75. Hyndman, L; Courtney, B; Gamble, K; **Rogers, LQ** (May 29, 2015). Exercise timing and sleep quality response to an exercise intervention in breast cancer survivors. Presented by LaKeshia Hyndman at the American College of Sports Medicine 62nd Annual Meeting, San Diego, CA.
76. **Rogers, LQ** and Carter, SJ (August 10, 2015). Exercise after breast cancer diagnosis: A translational perspective. Presented by Laura Rogers and Stephen Carter at the UAB Department of Nutrition Sciences Research Meeting, Birmingham, AL.
77. Carter, SJ; Hunter, GR; McAuley, E; Courneya, KS; Anton, PM; **Rogers, LQ** (June 1, 2016). Lower rate-pressure product during submaximal walking is associated with fatigue improvement among breast cancer survivors. Presented by Stephen Carter as a poster at the American College of Sports Medicine 63rd Annual Meeting, Boston, MA.
78. Kaushik, N; Hessong, DN; Mansfield, SE; Courneya, KS; McAuley, E; Anton, PM; **Rogers LQ** (November 14, 2016). Physical activity behavior change intervention enhancements: A participants' perspective. Presented by Laura Rogers as a poster at the 25th American Institute for Cancer Research Conference, North Bethesda, MD.
79. Arthur, AE; Goss, AM; Demark-Wahnefried, W; Fontaine, KR; Spencer, SA; Carroll, WR; Peterson, LA; **Rogers, LQ**; Rozek, LS; Wolf, GT; Gower, B (November 15, 2016). Higher carbohydrate intake is associated with increased head and neck cancer recurrence and mortality. Presented by Anna Arthur as a poster at the 25th American Institute for Cancer Research Conference, North Bethesda, MD.
80. Hessong, DN; Kaushik, N; Courneya, KS; McAuley, E; Anton, PM; **Rogers, LQ** (December 15, 2016). Identifying the core components of a physical activity behavior change intervention to inform adaptation and implementation by a rural cancer community clinic. Presented by Danielle Hessong as a poster at the 9th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, D.C.
81. Crowder, SL; Fruge, AD; Delk, A; Carroll, WR; Spencer, SA; Locher, JL; Demark-Wahnefried, W; **Rogers, LQ**; Arthur, AE (March 2017). Feasibility outcomes of a pilot randomized experimental trial to increase cruciferous and green leafy vegetable intake in

post-treatment head and neck cancer survivors. Presented by SL Crowder as a poster at the Meeting of the American Society of Preventive Oncology, Seattle, WA.

82. Ainsworth, M; Pekmezi, D; Bowles, H; Ehlers, D; McAuley, E; Courneya, K; **Rogers, L**. (March 2017). Feasibility and acceptability of a smartphone application for measuring time use (Life In A Day) in breast cancer survivors. Presented by M Ainsworth as a poster presentation at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
83. Paulsen, JA; Ptacek, TS; Carter, SJ; Liu, N; Kumar, R; Hyndman, L; Lefkowitz, EJ; Morrow, CD; **Rogers, LQ** (April 1, 2017). Gut microbial composition associated with cardiorespiratory fitness, psychosocial factor changes in breast cancer survivors. Presented by JA Paulsen as a poster presentation at the 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
84. Goncalves, L; Mansfield, S; Martin, M; Pisu, M; Qu, H; Oster, R; Shewchuk, R; **Rogers, LQ** (December 4, 2017). Identifying Consolidated Framework for Implementation Research (CFIR) constructs targeted by an implementation toolkit for a physical activity intervention in rural cancer survivors. Presented by L Goncalves as a poster presentation at the 10th Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.

Invited moderator or chair for scientific meetings

1. **Rogers, LQ** (April 24, 2014), Invited co-chair for Paper Session 01: Faster and stronger: Physical activity after cancer, Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.
2. **Rogers, LQ** (May 30, 2014), Invited chair for symposium entitled “The adolescent female: Finding balance in activity, nutrition, and health”, American College of Sports Medicine Annual Meeting, Orlando, FL.
3. **Rogers, LQ** (June 1, 2017), Invited chair for thematic poster entitled “Exercise and Cancer”, American College of Sports Medicine Annual Meeting, Denver, CO.

Invited presentations and workshops

1. **Rogers, LQ**; Dawson B. (November, 2001) The “Do’s and Don’ts” of Survey Research. Invited 2½-hour workshop, Annual Conference on Research in Medical Education, American Association of Medical Colleges, Washington DC.
2. **Rogers, LQ**. (September, 2004) “Social cognitive theory and exercise during breast cancer treatment”, invited lecture, Department of Kinesiology, University of Alberta, Edmonton, Canada.
3. **Rogers, LQ** (November, 2013) “Physical activity adherence after breast cancer diagnosis: Overview, applicability to other chronic disease states, and future directions”, Invited presentation for the NIH Adherence Network Distinguished Speaker Webinar Series at the Office of Behavioral and Social Sciences Research, National Institutes of Health, Bethesda, MD.

4. **Rogers, LQ** (May 20, 2014) “Encouraging physical activity adherence after breast cancer diagnosis”. Invited presentation for the UAB Oncology Grand Rounds, Birmingham, AL.
5. **Rogers, LQ** (February 24, 2015) “Physical activity in cancer survivors”, Invited presentation for the University of Hawaii Department of Medicine Grand Rounds, Honolulu, Hawaii.
6. **Rogers, LQ** (February 25, 2015) “Physical activity after breast cancer diagnosis”, Invited presentation for Whelan Fund Visiting Professor at the University of Hawaii Cancer Center, Honolulu, Hawaii.
7. **Rogers, LQ** (March 13, 2015) Invited introduction for session entitled “Healthy Behaviors”, Minority Cancer Survivorship Symposium, Birmingham, AL.
8. **Rogers, LQ** (March 29, 2017) Discussion group leader for Precourse entitled “Nuts and bolts of funding mixed methods approaches for translational research. 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA. Precourse chairs: Huebschmann, A; Kane, N; Lewinski, A
9. **Rogers, LQ** (May 5, 2017) “Using physical activity to improve outcomes in cancer survivors”, invited presentation for the UAB Hematology Oncology Grand Rounds, Birmingham, AL.

Miscellaneous (e.g., other than research or continuing medical education) (2001 - Present)

1. **Rogers, LQ.** (2001 - 2010) “Preventive medicine”, Third year medical student clerkship seminar (4 times per year).
2. **Rogers, LQ.** (April, 2001) “Physical activity and arthritis”, Resident Research Conference.
3. **Rogers, LQ.** (May, 2001) “Physical activity counseling”, Resident Ambulatory Care Conference.
4. **Rogers, LQ.** (September, 2001) “Exercise determinants among patients with lung disease”, Southern Illinois University Division of Pulmonary Medicine Research Conference.
5. **Rogers, LQ.** (October, 2001) “Third US Preventative Services Task Force: an update”, Southern Illinois University School of Medicine, Department of Medicine, Grand Rounds.
6. **Rogers, LQ.** (2002) “Balance”, Medical Student Empathy Session.
7. **Rogers, LQ.** (January, 2002) “Priorities among recommended clinical preventive services”, Southern Illinois University Health Services Journal Club.
8. **Rogers, LQ.** (January, 2002) “Developing research questions and choosing a design”, Southern Illinois University Women’s Faculty Group Presentation.
9. **Rogers, LQ.** (February, 2002 & June, 2002) “Basics of survey design" (two parts), Southern Illinois University Women’s Faculty Group Presentation.

10. **Rogers, LQ.** (January, 2003) “Research recruitment and retention issues, POWER study”, Southern Illinois University School of Medicine, Department of Medicine Research Forum.
11. **Rogers, LQ.** (March, 2003) “Cover the Uninsured Week”, Southern Illinois University Health Services Journal Club.
12. **Rogers, LQ.** (May, 2003) “Exercise and osteoporosis”, Southern Illinois University School of Medicine, Grand Rounds.
13. **Rogers, LQ.** (May, 2003) “Exercise and obesity”, Resident Ambulatory Care Conference.
14. **Rogers, LQ.** (May, 2003) “Exercise prescription to reduce obesity”, Resident Noon Conference.
15. **Rogers, LQ.** (June, 2003) “No-fault compensation for medical injuries. The prospect for error prevention”, Southern Illinois University Health Services Journal Club.
16. **Rogers, LQ.** (October, 2003) “Low back pain”, Resident Ambulatory Care Conference.
17. **Rogers, LQ.** (October, 2003) “Breast cancer patients and exercise: preliminary analysis”, Southern Illinois University Department of OB/GYN Research Conference.
18. **Rogers, LQ.** (October, 2003) “Breast cancer patients and exercise”, Southern Illinois University Division of Hematology/Oncology Morning Conference.
19. **Rogers, LQ.** (December, 2003) “Acute rhinosinusitis”, Resident Ambulatory Care Conference.
20. **Rogers, LQ.** (February, 2004) “The effect of vending machines in secondary school”, Southern Illinois University Health Services Journal Club.
21. **Rogers, LQ.** (March, 2004) “The effects of exercise”, Southern Illinois University School of Medicine Mini Med School
22. **Rogers, LQ.** (March, 2004) “The cranial nerve examination”, Brain Awareness Week, Lincoln Magnet School.
23. **Rogers, LQ.** (October, 2004) “Preventive cardiology”, Resident Ambulatory Curriculum Conference.
24. **Rogers, LQ.** (October, 2004 & March, 2006) “Dizziness and vertigo”, Resident Ambulatory Curriculum Conference.
25. **Rogers, LQ.** (January, 2005) “Low back pain”, Resident Ambulatory Curriculum Conference.
26. **Rogers, LQ.** (January, 2005) “Exercise adherence and cancer survivors”, Medical College of Wisconsin, Milwaukee, WI.

27. **Rogers, LQ** (February, 2005 & January, 2006) “Urinary tract infections”, Resident Ambulatory Curriculum Conference.
28. **Rogers, LQ** (March, 2005) “Hypothyroidism”, Resident Ambulatory Curriculum Conference.
29. **Rogers, LQ** (March, 2005) “Deep vein thrombosis”, Resident Ambulatory Curriculum Conference.
30. **Rogers, LQ** (September, 2005) “Diagnosis and management of type 2 diabetes mellitus”, Resident Ambulatory Curriculum Conference.
31. **Rogers, LQ** (September, 2005) “Pertussis outbreak investigation”, Small group leader, Southern Illinois University School of Medicine, Year 2 Population & Preventative Health Streamer, Epidemiologic Investigative Session.
32. **Rogers, LQ** (October 2005) “Obesity and exercise: a PRECEDE-PROCEED approach”. University of Illinois Springfield, School of Public Health, MPH 561 Community Health Education, guest lecturer.
33. **Rogers, LQ** (October, 2005) “Acute low back pain”, Resident Ambulatory Curriculum Conference.
34. **Rogers, LQ** (October, 2005) “Balancing work and family”, Empathy session co-leader, Southern Illinois University School of Medicine, Year 3 & 4.
35. **Rogers, LQ** (November, 2005) “Outpatient palliative care: pain management”, Resident Ambulatory Curriculum Conference.
36. **Rogers, LQ** (December, 2005) “Clinical Epidemiology Roundtable: screening programs for cardiovascular disease”, Small group leader, Southern Illinois University School of Medicine, Year 2, CRR Unit.
37. **Rogers, LQ** (December, 2005) “Obesity and overweight: diagnosis and management”, Resident Ambulatory Curriculum Conference.
38. **Rogers, LQ** (January, 2006) “Osteoporosis”, Resident Ambulatory Curriculum Conference.
39. **Rogers, LQ** (February, 2006) “Exercise and cancer survivors”, Faculty Research Presentation, Southern Illinois University Department of Medicine.
40. **Rogers, LQ** (February 22, 2006) “Exercise adherence and breast cancer survivors”, Southern Illinois University Breast Center tumor board meeting.
41. **Rogers, LQ** (February, 2006) “Carpal tunnel syndrome”, Resident Ambulatory Curriculum Conference (author of module and group facilitator).
42. **Rogers, LQ** (March, 2006) “Exercise and cancer survivors”, American Cancer Society “Informing You” Cable TV interview.

43. **Rogers, LQ** (September 2006) “Health Services Journal Club: where do we go from here?”, Southern Illinois University Health Services Journal Club.
44. **Rogers, LQ** (November 2006) “Health Services Journal Club: lung cancer screening: should we change our clinical practice or cancel our subscription to the NEJM?”, Southern Illinois University Health Services Journal Club.
45. **Rogers, LQ** (November, 2006) “Population Health Roundtable: cardiovascular screening”, Small group leader, Southern Illinois University School of Medicine, Year 2, CRR Unit.
46. **Rogers, LQ** (January, 2007) “Clinical trials bring hope to patients”, guest speaker, BEAT Cancer trial, Hometown Housecall.
47. **Rogers, LQ** (March, 2007) “Health services research opportunities at Southern Illinois University: enhancing the science behind systems-based practice”, panelist, Southern Illinois University Health Services Journal Club.
48. **Rogers, LQ** (July, 2007) “Asthma” & “Chest pain”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
49. **Rogers, LQ** (July, 2008) “Aortic aneurysm” & “Congestive heart failure”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
50. **Rogers, LQ** (September, 2008) “Cancer mortality and SES”, discussion leader, Simmons Cancer Institute Population Science Journal Club.
51. **Rogers, LQ** (November, 2008) “Management of asthma”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
52. **Rogers, LQ** (May, 2009) “LIVESTRONG Survivorship Center of Excellence Network”, discussion leader, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
53. **Rogers, LQ** (May 28, 2009) “Helping a breast cancer survivor to be a thriver: interventions immediately after primary cancer treatment”, symposium leader and one of the three symposium presenters (i.e., “Aerobic rehabilitation: what do patients need and how do we get them to do it?”), American College of Sports Medicine National Meeting, Seattle, Washington.
54. **Rogers, LQ** (July, 2009) “Nonsurgical management of osteoarthritis” and “Vitamin B12 deficiency”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
55. **Rogers, LQ** (August, 2009) “Lumbar disc repair for sciatica” and “Psoriasis association with hypertension and atherosclerosis”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.

56. **Rogers, LQ** (October 15, 2009 & September 28, 2011) “Collaborative research”, co-presenter with Andrzej Bartke, Ph.D., Southern Illinois University School of Medicine, Responsible Conduct of Research Course.
57. **Rogers, LQ** (November 2009) “When should a physician admit a patient for asthma exacerbation?” and “What are the current recommendations for abdominal aortic aneurysm screening?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
58. **Rogers, LQ** (January, 2010 & January, 2011) “Population health and prevention review”, one-hour lecture, Southern Illinois University School of Medicine, year 2.
59. **Rogers, LQ** (February 16, 2010) “What combination of drugs should be used in a patient with PUD and a history of CAD?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
60. **Rogers, LQ** (March, 2010) “Lifetime physical activity and prostate cancer incidence and mortality”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
61. **Rogers, LQ** (April 17, 2010) “Exercise after a breast cancer diagnosis”, presentation for Women In Support of Each Other’s Recovery (WISER) group at the Southern Illinois University Breast Center.
62. **Rogers, LQ** (2010 – 2012 academic year) One hour open forum related to exercise during each session of the 4th year elective entitled “Medical Student Physical Fitness Elective”.
63. **Rogers, LQ** (2010 - 2012) “Obesity and nutrition”, Third year medical student clerkship seminar (4 times per year).
64. **Rogers, LQ** (October 14, 2010) “Clinical grants”, lecture for the 2010 ADRFA Grant Writing Class, Southern Illinois University School of Medicine.
65. **Rogers, LQ** (October 16, 2010) “Effect of exercise on mortality and recurrence after a breast cancer diagnosis”, presentation at the Memorial’s Women’s Be Aware Fair, Springfield, IL.
66. **Rogers, LQ** (October 22, 2010) “American Cancer Society/Academic Partnerships: Cancer Research Update” panelist representing Simmons Cancer Institute at Southern Illinois University, 2010 Annual Volunteer conference, American Cancer Society, Illinois Division, Chicago, IL.
67. **Rogers, LQ** (October 26, 2010) “Women in Medicine”, panelist, Third Annual Diversity Week, Southern Illinois University School of Medicine, Springfield, IL.
68. **Rogers, LQ** (November 16, 2010) “What are proton pump inhibitors? What are the indications for use of a PPI? What are some side effects of PPIs?” and “What is the evidence based treatment for fibromyalgia? Are opioids indicated in the treatment of fibromyalgia?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.

69. **Rogers, LQ** (March 15, 2011) “Are retinoids safe for treating acne in a young woman who is not using birth control?” and “What are insulin pumps?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
70. **Rogers, LQ** (April, 2011) “The Immortal Life of Henrietta Lax”, discussion leader, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
71. **Rogers, LQ** (April, 2011) Radio interview with Jim Leach of WMAY radio regarding my exercise and breast cancer research.
72. **Rogers, LQ** (June 2011) Moderator and participant for a panel discussion on multi-center exercise and cancer research trials, American College of Sports Medicine (ACSM) Cancer Interest Group meeting at the ACSM national meeting, Denver, CO.
73. **Rogers, LQ** (June 21, 2011) “Does postmenopausal hormone replacement therapy protect women from cognitive aging/decline?” and “Is there any way to predict the future risk of general cardiovascular disease in a patient?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
74. **Rogers, LQ** (July 12, 2011) “Current exercise and breast cancer studies”, presentation for the Memorial Medical Center employee breast cancer support group, Springfield, IL.
75. **Rogers, LQ** (September 7, 2011) “Exercise and cancer research at Southern Illinois University”, presentation for the Department of Medicine Community Advisory Group. Southern Illinois University School of Medicine, Springfield, IL.
76. **Rogers, LQ** (September 12, 2011) “What every breast cancer survivor should know about exercise”, presentation for the Greater All Nation Tabernacle Church of God in Christ Health Ministry Senior Luncheon, Springfield, IL.
77. **Rogers, LQ** (September 28, 2011) “SIU School of Medicine exercise and cancer research program”, presentation for the DGIM monthly research meeting. Southern Illinois University School of Medicine, Springfield, IL.
78. **Rogers, LQ** (December, 2011) “Barriers to recruitment of rural patients in cancer clinical trials”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
79. **Rogers, LQ** (February, 2012) Radio interview with Bob Murray of WTAX radio regarding my exercise and breast cancer research.
80. **Rogers, LQ** (February, 2012) Television interview for WICS-TV20 Spotlight 20 regarding my exercise and breast cancer research.

81. **Rogers, LQ** (February, 2012) “Exercise and weight management”, employee presentation, Biggest Loser worksite program, Southern Illinois University School of Medicine, Springfield, IL.
82. **Rogers, LQ** (March, 2012) “All’s well that ends well? Quality of life and physical symptom clusters in long-term cancer survivors across cancer types”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
83. **Rogers, LQ** (June 1, 2012) “Using physical activity to improve the health of rural populations: A call to action”, supporting tutorial presenter; one of two presenters; American College of Sports Medicine National Meeting, San Francisco, CA.
84. **Rogers, LQ** (June 2, 2012) “Exercise after head and neck cancer diagnosis: Opportunities and challenges”, lead tutorial presenter; one of two presenters; American College of Sports Medicine National Meeting, San Francisco, CA.
85. **Rogers, LQ** (August 21, 2011) “Why does standard of care for node positive rectal cancer involve the use of neoadjuvant chemoradiation therapy?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
86. **Rogers, LQ** (October, 2012) - Puetz TW, Herring MP. Differential effects of exercise on cancer-related fatigue during and following treatment: A meta-analysis, *Am J Prev Med* 2012; 43(2):e1-e24, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
87. **Rogers, LQ** (January, 2013) “Exercise and cancer survivorship: Building a research program”, presentation for the Cancer Control and Population Sciences Program, UAB Comprehensive Cancer Center, Birmingham, AL.
88. **Rogers, LQ** (February, 2013) “Physical activity and cancer: Overview of the literature and assessment methods”, seminar for NTR 724 (Research strategies for the study of diet, energetics, and cancer), UAB Department of Nutrition Sciences, Birmingham, AL.
89. **Rogers, LQ** (April, 2013) “Exercise and fatigue in cancer survivors”, 2012-13 Distinguished Lecture Series for UAB Center for Exercise Medicine, Birmingham, AL.
90. **Rogers, LQ** (July, 2013) Telephone interview for National Geographic documentary about worldwide obesity and treatment of obesity (Dragonfly Film and Television Productions; Alexandra Stokes).
91. **Rogers, LQ** (September, 2013) “Risk reduction clinic: Treatment challenges, additions, and trends”, Obesity Collaboration Series (Novo Nordisk, Inc and UAB Department of Nutrition Sciences), UAB Department of Nutrition Sciences, Birmingham, AL.
92. **Rogers, LQ** (October, 2013) “Energy balance and cancer: Behavior change, mechanisms, and measurement”, presentation for the Cancer Control and Population Sciences Program, UAB Comprehensive Cancer Center, Birmingham, AL.

93. **Rogers, LQ** along with input from Courtney Blair, MS, Julie Locher, PhD, and Marilyn Haas (December 2013) “Recruitment challenges for head and neck cancer patients”. Collaborative presentation for the University of Alabama at Birmingham Head and Neck Cancer Think Tank, Birmingham, AL.
94. **Rogers, LQ** (January 8, 2014) “Physical activity and cancer survivorship: From adherence to outcomes”. Presentation for the UAB Comprehensive Cancer Center Research Seminar Series, Birmingham, AL.
95. **Rogers, LQ** (January 13, 2014) “Physical activity and cancer control”. Presentation for the UAB Department of Nutrition Research Mission, Birmingham, AL.
96. **Rogers, LQ** (March 21, 2014) “Resistance training during radiation therapy for pharyngeal or laryngeal cancer”. Presentation for the UAB Head and Neck Cancer Working Group meeting, Birmingham, AL.
97. **Rogers, LQ** (August 20, 2014) “UAB Weight Loss Medicine Risk Reduction clinic: Obesity treatment and challenges”, UAB Weight Loss Medicine Study Visit, UAB Nutrition Obesity Research Center, Birmingham, AL.
98. **Rogers, LQ** (October 16, 2014 & October 8, 2015) “Physician-delivered exercise prescription for overweight and obese adults”, Lecture for Obesity, Clinical Nutrition, and Food (medical student elective; course #06-414), UAB School of Medicine, Birmingham, AL
99. **Rogers, LQ** (November, 2014) Television interview for Fox 6 (Birmingham, AL) regarding fitness bracelets and weight management.
100. **Rogers, LQ** (March 13, 2015) Summary of research program for the UAB School of Health Professions Advisory Board Meeting, The Club, Birmingham, AL.
101. **Rogers, LQ** (May 27, 2015) “From RCT to real work – Increasing physical activity in breast cancer survivors”, lead tutorial presenter; one of two presenters; American College of Sports Medicine National Meeting, San Diego, CA.
102. **Rogers, LQ** (July 7, 2015) “Physical activity and cancer: Overview of the literature and assessment methods” (updated since 2013), seminar for NTR 724 (Research strategies for the study of diet, energetics, and cancer), UAB Department of Nutrition Sciences, Birmingham, AL.
103. **Rogers, LQ** (October 27, 2015) “Physical activity and cancer survivorship”, Summary of research program for the UAB School of Health Professions meeting with the Governor’s Commission on Physical Fitness and Sports, UAB School of Health Professions, Birmingham, AL.
104. **Rogers, LQ** (March, 2016) “Dissemination and Implementation Research: A case study”, presentation for the Cancer Control and Population Sciences Program, UAB Comprehensive Cancer Center, Birmingham, AL.

105. **Rogers, LQ** (April, 2016) Newsletter article interview for American Institute for Cancer Research regarding the BEAT Cancer study.
106. **Rogers, LQ** (April, 2016) “BEAT Cancer study: Better Exercise Adherence after Treatment for Cancer”, presentation for Komen Lunch and Learn, Birmingham, AL.
107. Cutrono, S and Santa Mina, D (May, 2016) “Integrating exercise data into electronic medical records: Advancements in oncology”. Submitted and moderated by **Dr. Rogers**; Dr. Santa Mina’s component presented by **Dr. Rogers** due to his absence caused by a family emergency. Presented at the American College of Sports Medicine 63rd Annual Meeting, Boston, MA.
108. **Rogers, LQ** (October 24, 2016) “Physical activity and cancer: Overview of the literature and assessment methods” (updated since 2015), seminar for NTR 724 (Research strategies for the study of diet, energetics, and cancer), UAB Department of Nutrition Sciences, Birmingham, AL.
109. **Rogers, LQ** (November 8, 2016) “Physical activity and cancer”, invited lecture for Epi 602 (Epidemiology of Chronic Diseases), UAB Department of Epidemiology, School of Public Health, Birmingham, AL.
110. **Rogers, LQ** (March 7, 2017) “Improving cancer outcomes through physical activity”, Transdisciplinary Collaborative Center for Colorectal Cancer Research presentation, Alexandria University Faculty of Medicine, Alexandria, Egypt.
111. **Rogers, LQ** (September 12, 2017) “Diet and exercise in fighting and preventing cancer”, Pancreatic Cancer Action Network, September meeting of the Birmingham Affiliate, Birmingham, AL.
112. **Rogers, LQ** (November 7, 2017) “Physical activity and cancer” (updated), invited lecture for Epi 602 (Epidemiology of Chronic Diseases), UAB Department of Epidemiology, School of Public Health, Birmingham, AL.
113. **Rogers, LQ** (January 3, 2018) “Physical activity assessment”, Visiting Egyptian fellows participating in the Transdisciplinary Collaborative Center for Colorectal Cancer Research project, Birmingham, AL.
114. **Rogers, LQ** (January 19, 2018) UAB NORC Walking Journal Club, moderator for article entitled “Obesity, physical activity and cancer risks: Results from the Cancer, Lifestyle and Evaluation of Risk Study (CLEAR)”, Birmingham, AL

VISITING PROFESSOR

Whelan Fund Visiting Professor at the University of Hawaii Cancer Center, Honolulu, Hawaii (February 25, 2015)

RESEARCH SUPERVISOR, GRADUATE STUDENT OR OTHER INTERNSHIP PROGRAM

Lisa Carney, 2002

Anu Shanmugham, 2002 - 2004

Amanda Grieve, 2003
Anna Moore, 2004 - 2005
Ramnarayan Gururaja, 2004 - 2005
Meenakshi Nagarkar, 2005 - 2006
Doug Zobrist, 2007
Vishal Burra, 2007
Amaris Tippey, 2007 - 2008
Praveen Kandula, 2008
Kelsey Dunnington, 2012
Chaundra Hall, 2013 (NCI funded Health Disparities Cancer Summer Internship)
Whitney Terry, 2013 - 2014 (Masters student in nutrition; practicum project; UAB)
Ashley Delk, 2015 (Ph.D. student; lab rotation; UAB)
Neha Kaushik, 2016 (CaRES)
Josh Muhammad, 2017 (CaRES)
Latoya Goncalves, 2017 (CaRES) – Poster winner during CaRES Poster Day

THIRD YEAR MEDICAL STUDENT MENTOR PROGRAM, DEPARTMENT OF MEDICINE,
SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE (CLINICAL AND
EDUCATIONAL ACTIVITIES)

Jessica Wienstein, 2001
Jessica Dermody, 2002
Todd Wente, 2003

INTERNAL MEDICINE RESIDENT RESEARCH SUPERVISOR, DEPARTMENT OF MEDICINE,
SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE

Hammad Bajwa, 2002 - 2004
Lalitha Chittai, 2003 - 2005
Thandiwe Gray, 2005 - 2007
Andrea Coca, 2005 - 2007
Ani Annamalai, 2006 – 2007
Mudita Bhugra, 2009 - 2012
Sini Kalapurakal, 2009 - 2012
Megha Bendre, 2011 - 2012

MEDICAL STUDENT RESEARCH SUPERVISOR

Southern Illinois University School of Medicine

Staci Koski, 2001 - 2002
Sarah Falcon, 2008
Deanna Deschler, 2008 - 2010
Sara Dumich, 2009 - 2011
Stefanie Ames, 2009 - 2012 (faculty advisor for Ms. Ames' 2011 Carolyn Kuckein AOA Student Research Fellowship award)
Lisa Shah, 2010
Amanda Velazquez, 2011 – 2013 (faculty advisor for Ms. Velazquez's 2012 Carolyn Kuckein AOA Student Research Fellowship award)
Dian Canaday, 2011 – 2012

University of Alabama at Birmingham

Lakeshia Hyndman, 2013 - 2015 (CaRES and medical student scholarly activity rotation)
Jesseca "Alex" Paulsen, 2015 - 2016 (CaRES and medical student scholarly activity rotation)

University of South Alabama

Whitney Smith, 2017 (CaRES)

MENTORED PROFESSIONAL ENRICHMENT EXPERIENCE, SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE

Kara McCoy, 2010

MASTER'S THESIS COMMITTEES

Student: Lori Koch

Dates: 2005

Degree: Master's in Biology

Institution: University of Illinois at Springfield

Title: Assessment of the effects of physical activity on quality of life in head and neck cancer patients

Role: Advisor

PH.D. DISSERTATION COMMITTEES

Student: Christie Ward

Dates: 2012 -2013

Degree: Ph.D. in exercise physiology

Institution: University of Georgia, Athens, GA

Title: Dissertation related to body composition, physical functioning, and fatigue in breast cancer survivors

Role: Committee member

ILLINOIS AMERICAN CANCER SOCIETY SUMMER HIGH SCHOOL RESEARCH PROGRAM MENTOR

Astasia (Stacy) Clayborne, Summer 2006

SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE CLINICIAN SCIENTIST MENTOR

Kathy Bottum, M.D., Ph.D., 2007 – 2009

UNIVERSITY OF ALABAMA AT BIRMINGHAM, DISSEMINATION AND IMPLEMENTATION STUDENT-FACULTY COLLABORATIVE PROJECT, HB 625 D&I HEALTH

Gisella "Gigi" Mancarella, 2013

UNIVERSITY OF ALABAMA AT BIRMINGHAM UNDERGRADUATE STUDENTS

Akshar Patel, 2016 - 2018 (Biomedical Sciences major, School of Health Professions Honors Program)

UNIVERSITY OF ALABAMA AT BIRMINGHAM GRADUATE STUDENTS

Rachel Orlandella, 2016 - present (NORC T32 Graduate Student Fellowship, co-mentor with Dr. Lyse Norian and Dr. Jose Fernandez)

Matthew “Cole” Ainsworth, 2017 - present (NORC T32 Graduate Student Fellowship, primary mentor)

UNIVERSITY OF ALABAMA AT BIRMINGHAM POST-DOCS

Anna Arthur, Ph.D., 2013 - 2016 [University of Alabama at Birmingham, Cancer Prevention and Control Training Program (R25), co-mentor with Dr. Julie Locher and Dr. Wendy Demark-Wahnefried]

Stephen Carter, Ph.D., 2015 - present [NORC-affiliated post-doc, co-mentor with Dr. Gary Hunter through 10/31/2015; transitioned to University of Alabama at Birmingham Cancer Prevention and Control Training Program (R25) on 11/01/2015, primary mentor]