

CURRICULUM VITAE

Laura Quillian Rogers, M.D., M.P.H., F.A.C.P., F.A.C.S.M.

PROFESSIONAL

Title: Professor

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University of Alabama at Birmingham
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EDUCATION

Undergraduate: Erskine College, 05/18/1980, B.S. Biology

Graduate: University of South Florida College of Medicine, 09/02/1980 -
06/02/1984, M.D. Degree (terminal degree)

University of South Carolina School of Public Health, 05/05/2000,
General Masters of Public Health

Postgraduate: Internship, Medical College of Georgia, Internal Medicine,
07/01/1984 – 06/30/1985

Residency, Medical College of Georgia, Internal Medicine,
07/01/1985 – 06/30/1987

LICENSURE

State of Tennessee: License #21510 (inactive)

State of Georgia: License #29237 (inactive)

State of Illinois: License #036-102989

State of Alabama: MD.32277

BOARD CERTIFICATION

American Board of Internal Medicine	09/16/1987
Special Purpose Examination (SPEX)	12/20/2012

PRIMARY ACADEMIC APPOINTMENTS

Instructor in Medicine, Medical College of Georgia	07/01/1987 - 06/30/1990
Assistant Professor of Medicine, Medical College of Georgia	07/01/1990 - 02/28/1991

	Employment gap due to relocation and childcare	03/01/1991 -
05/31/1991		
	Assistant Professor of Medicine, University of Tennessee, Memphis	06/01/1991 - 04/30/1994
	Employment gap due to relocation and childcare	05/01/1994 - 07/31/1994
	Assistant Professor of Medicine, Medical College of Georgia	08/01/1994 - 06/30/2000
	Employment gap due to relocation and childcare	07/01/2000 - 09/30/2000
	Associate Professor, Southern Illinois University School of Medicine	
	Division of General Internal Medicine	10/01/2000 - 06/30/2011
	Professor, Southern Illinois University School of Medicine	
	Division of General Internal Medicine	07/01/2011 – 10/31/2012
	Visiting Professor, Southern Illinois University School of Medicine	
	Division of General Internal Medicine	11/01/12 - Present
	Professor with tenure, University of Alabama at Birmingham	
	Department of Nutrition Sciences	11/01/12 - Present

CURRENT CLINICAL APPOINTMENTS

Medical Staff Physician, Memorial Medical Center, Springfield, IL	2000 - Present
Medical Staff Physician, St. John's Hospital, Springfield, IL	2000 - Present

ADMINISTRATIVE APPOINTMENTS

Co-director of the General Internal Medicine Clinic, Gailor Medicine Clinic	1992 - 1994
MED Staff Quality Assurance, Sepsis/Pneumonia	1993 - 1994
Secondary appointment as Assistant Professor of Pediatrics to formalize collaborative research activities within the Georgia Prevention Institute, Medical College of Georgia	1997 - 2000
Health Services Journal Club Director, Southern Illinois University School of Medicine	2001 - 2007
Secondary appointment as member of the Southern Illinois University School of Medicine Division of Biostatistics & Research to formalize collaborative research and education contributions	2001 - 2004
Research Director, Southern Illinois University Comprehensive Obesity Management Program	2004 - 2009
Director of Clinical Research, Division of General Internal Medicine	2004 - 2012
Medical Director, Southern Illinois University Comprehensive Obesity Management Program	2005 - 2009
Full membership, Southern Illinois University School of Medicine Simmons Cancer Institute	2006 - 2012
Adjunct Associate Professor, University of Illinois at Springfield	
Master of Public Health Department to formalize supervisory role of graduate students	2006 - 2007
Assistant Faculty Coordinator, Faculty Research Forum	2010 – 2012
Senior Scientist, Cancer Control and Population Science Program, University of Alabama at Birmingham Comprehensive Cancer Center	2012 – Present
Senior Scientist, University of Alabama at Birmingham Nutrition Obesity Research Center (NORC)	2012 – Present
Senior Scientist, University of Alabama at Birmingham Center for Exercise Medicine	2013 – Present

FACULTY DEVELOPMENT

Faculty Development Fellowship in General Internal Medicine,
University of North Carolina Chapel Hill 1988 - 1990

COMMUNITY ACTIVITIES (2001 - Present)

Impact Arthritis Health Fair, Springfield, IL March, 2003
University of Illinois Springfield Health Fair, Springfield, IL April, 2003
Cover the Uninsured Week Health Fair, Springfield, IL May, 2004
Girls' Night Out Health Fair, Memorial Medical Center, Springfield, IL October, 2009
Kick-off ceremony speaker, Relay for Life of Prairie Land Area Youth, Cantrall, IL May, 2011
2011 Kick-off breakfast speaker, Making Strides, Springfield, IL August, 2011
Speaker for Rotary Club breakfast meeting, Springfield, IL October, 2011
Leadership Springfield, Tour of exercise and cancer research lab with
description of current research studies, Springfield, IL November, 2011
Speaker for Daughters of the American Revolution lunch meeting, Springfield, IL December, 2011
2012 Kick-off breakfast speaker, Making Strides, Springfield, IL August, 2012

HOSPITAL COMMITTEES

Quality Assurance Committee for 5-ICU, Medical College of Georgia 1989 - 1991
Committee on Implementing TLC (managed care), Gailor Clinic 1994
Chair person for the Ambulatory Care Cost Savings
Subcommittee of the Pharmacy and Therapeutics Committee,
Regional Medical Center 1992 - 1994
Outpatient Department Committee, Regional Medical Center 1992 - 1994
Medical Economics and Outcomes Committee, Memorial Medical Center 2002

INTERNATIONAL COMMITTEES

Scientific Committee for the 12th International Ottawa Conference on
Clinical Competence 2005 - 2006

MEDICAL SCHOOL COMMITTEES

Faculty Senate, Medical College of Georgia 1988 - 1990
Ambulatory Care Committee, Medical College of Georgia 1988 - 1991
Health Promotion Disease Prevention Curriculum Committee,
Medical College of Georgia 1998 - 2000
Resident Clinic Committee, University of Tennessee 1991 - 1993
Information Management Policy Committee, Southern Illinois University
School of Medicine 2001
Southern Illinois University Department of Medicine Research Development
Task Force 2001
Research Policy Committee, Southern Illinois University School of Medicine 2003 - 2009
Central Research Committee (AKA Grants Review Committee), Southern Illinois
University School of Medicine 2004 - Present
Translational Research Task Force, Southern Illinois University Cancer Institute 2004 - 2005
Clinical Scholars Subcommittee for the Research Policy Committee, Chairman,

Southern Illinois University School of Medicine Data Review Team member, Phase II Study of RADPLAT and Tarceva in locally advanced head and neck squamous cell cancer	2005 - 2006 2006 - Present
SCRIHS (Springfield Committee for Research in Human Subjects) Subcommittee for Research Policy Committee, Southern Illinois University School of Medicine	2006 - 2007
Regional Medicine/Public Health Education Center Steering Committee, Southern Illinois University School of Medicine	2006 - Present
Nutrition Curriculum Subcommittee for the Educational Policy Committee, Southern Illinois University School of Medicine	2007 - 2008
Clinical Research Subcommittee for the Research Policy Committee, Chairman, Southern Illinois University School of Medicine	2007 - 2008
Ad Hoc Department of Medicine Philanthropy Committee, Southern Illinois University School of Medicine	2009
Data Safety Monitoring Committee member, Springfield study in coronary artery bypass to prevent lower extremity DVT (SCARLET DVT), Prairie Education and Research Cooperative	2010 - Present
Research and Technical Subcommittee of the Community Service Committee, Southern Illinois University School of Medicine	2011 - Present

NATIONAL COMMITTEES

SGIM Scholarship in Medical Education Award Selection Committee, National Society of General Internal Medicine	2003 - 2004
Strategic Health Initiative for Women, Sport, and Physical Activity, National American College of Sports Medicine, Member	2005 - 2013
Cancer Interest Group Chairman, National American College of Sports Medicine	2007 - 2009
Strategic Health Initiative for Women, Sport, and Physical Activity, National American College of Sports Medicine, Committee Chair	2013 - 2016

REGIONAL COMMITTEES

Health Department, Chronic Disease Program Outreach Committee, Memphis, TN	1992 - 1994
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CONTINUING MEDICAL EDUCATION COURSE DIRECTOR (2001 - Present)

Our supersized society: obesity and obesity-related diseases in the female patient, Course Director	September, 2004
The obesity epidemic: facing the challenge, Course Director	October, 2005

CONTINUING MEDICAL EDUCATION COURSES (FACULTY PRESENTATIONS)
(2001 - Present)

Exercise and osteoporosis (Southern Illinois University, Springfield, IL)	October, 2002
Men's Health – Exercise prescriptions to reduce obesity (Southern Illinois University, Springfield, IL)	March, 2003
Women's Health – Exercise and osteoporosis (Southern Illinois University, Springfield, IL)	March, 2003
Exercise and osteoarthritis (Effingham, IL)	March, 2003

Exercise and osteoarthritis (Blessing Hospital, Quincy, IL)	April, 2003
Talking to patients about physical activity and weight loss (Illinois Primary Health Care Association, Springfield, IL)	April, 2003
Exercise and osteoarthritis (Women's Health Conference, Carterville, IL)	April, 2003
Exercise for healthy bones and joints (Southern Illinois University)	March, 2004
Exercise in the obese patient: cautions and considerations	September, 2004
Quality of life with breast cancer: exercise as an emerging option (St. John's Hospital, Springfield, IL)	October, 2005
The obesity and cancer connection (Southern Illinois University)	October, 2005
Exercise and quality of life in breast cancer survivors (Simmons Cancer Institute at Southern Illinois University Webcast)	July 2006
Physical activity and head and neck cancer (Cancer Registrars of Illinois, 14 th Annual Meeting, Itasca, IL)	September, 2006
Physical activity promotion in the overweight/obese patient (Tipping the scale: managing obesity in southern Illinois, Carterville, IL)	September, 2007
From registry to recovery: journey to improving exercise adherence in rural breast cancer survivors (Cancer Registrars of Illinois, 17 th Annual Meeting, Springfield, IL)	October, 2009
Exercise and cancer: what the literature shows (10 th Annual St. John's Hospital Cancer Institute Seminar, Springfield, IL)	November, 2010
Exercise and breast cancer (Women's health: rehabilitation across the lifespan, Rush Medical School, Chicago, IL)	May, 2011
The link between cancer and obesity: What women need to know (2011 Illinois Women's Health Conference sponsored by the Illinois Department of Public Health Office of Women's Health, Springfield, IL)	November, 2011

PEER REVIEWER

External Review Panels, Centers for Disease Control for Special Emphasis Projects, Atlanta, GA	June, 2001
<i>Arthritis Care and Research</i>	2002
<i>Medicine & Science in Sports & Exercise</i>	2002
<i>Journal of General Internal Medicine</i>	2003 - 2004
Southern Illinois University Combined Research Symposium	2003 - 2010
<i>Teaching and Learning in Medicine</i>	2004 - 2006
<i>Research Quarterly for Exercise and Sport</i>	2004
Society of Behavioral Medicine Annual Meeting, Abstract Reviewer	2004
Southern Illinois University Central Research Committee, Intramural Grant Review	2004 - 2012
<i>Journal of Sport & Exercise Psychology</i>	2005 - Present
<i>Psycho-Oncology</i>	2005 - Present
<i>Journal of Physical Activity and Health</i>	2006 - Present
<i>The Lancet Oncology</i>	2006
<i>Acta Oncologica</i>	2007, 2010
<i>British Journal of Sports Medicine</i>	2007
<i>Ethnicity & Disease</i>	2007
<i>Head & Neck</i>	2008
<i>Women's Health</i>	2009
<i>Psychology of Sport & Exercise</i>	2009
External Grant Review Panel for the American Cancer Society, Illinois Division,	

ACS-Illinois Psychosocial & Behavioral Committee	2010 - Present
National Institutes of Health; Grant reviewer for Member Conflict: Healthcare Delivery and Methodologies	January, 2011
<i>American Journal of Preventive Medicine</i>	2011
<i>Annals of Behavioral Medicine</i>	2011
<i>Indian Journal of Medical Research</i>	2011
National Cancer Institute Special Emphasis Panel; Grant reviewer for CA110011 and 012 “Research Answers to NCI’s Provocative Questions”	2012
National Institutes of Health, Psychosocial Risk and Disease Prevention study section, ad hoc grant reviewer	2012
Canada Research Chairs Program, ad hoc nomination reviewer	2013
<i>Journal of Cancer Survivorship: Research and Practice</i>	2013
<i>Journal of Primary Prevention</i>	2013

HONORS/AWARDS

Omicron Delta Kappa	1978
President, Omicron Delta Kappa	1979 - 1980
H.M. Young Ring Award	1980
Valedictorian, Erskine College	1980
Faculty-Staff Honor Scholarship	1981 - 1982
Merck Manual Award	1984
Alpha Omega Alpha	1984
AMA Physician’s Recognition Award	1987 - 1993
Memphis and Shelby County Health Department Certificate of Appreciation	1994
Fellowship in the American College of Physicians American Society of Internal Medicine (ACP-ASIM)	2001
Fellowship in the American College of Sports Medicine (FACSM)	2005
Outstanding Scholar, Excellence through Commitment Award, Southern Illinois University School of Medicine	2011

SCIENTIFIC AND PROFESSIONAL SOCIETIES

Alpha Omega Alpha	1984 - Present
American College of Physicians	1984 - Present
Society of General Internal Medicine	1987 - Present
Medical Association of Georgia	1987 - 1991
Richmond County (GA) Medical Society	1987 - 1991
American Heart Association	1992 - Present
American College of Preventive Medicine	1994 - Present
Sangamon County Medical Society	2000 - 2008
American College of Sports Medicine	2001 - Present
Society of Behavioral Medicine	2004 - Present
Southwest Oncology Group	2008 - 2012
National Association for the Study of Obesity	2008 - 2009
The Obesity Society	2012 - Present

RESEARCH AND TRAINING GRANTS

Funded

American Heart Association, Georgia Affiliate, grant-in-aid to study “Teaching dietary management of hypercholesterolemic patients to residents: a multicenter randomized trial”. Awarded May, 1989. (Principal Investigator)

University of Tennessee Medical Group, Inc. to study “Physicians’ recognition and treatment of hypercholesterolemia”. Awarded October 1991. (Principal Investigator)

University of Tennessee Medical Group, Inc. to study “The effect of a physician smoking cessation program on patient smoking cessation rates measured by salivary cotinine levels: a randomized controlled trial” (\$9239). Awarded October 1991. (Co-Investigator)

American Heart Association, Tennessee Affiliate, Grant-in-aid to study "Improving resident management of hypercholesterolemic patients: a randomized controlled trial". Awarded May 1992. (Principal Investigator)

University of Tennessee Clinical Research Center support to expand the project: "Improving resident management of hypercholesterolemic patients: a randomized controlled trial". Awarded September 1992. (Principal Investigator)

American Heart Association, Georgia Affiliate, Grant-in-aid to study "Predictors of physical activity in a large internal medicine clinic". Awarded July 1, 1996. (Principal Investigator)

American Heart Association, Southeast Affiliate, grant-in-aid to study “Physician fitness program: enhancing the physician as an “exercise” role model for patients”. Awarded July 1, 1999. (Principal Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Measuring physical activity practice and attitudes among rural and urban internal medicine clinic patients”. Awarded July 6, 2001 through July 5, 2002. (Principal Investigator)

Illinois Department of Public Health, to study "Osteoporosis provider education". Awarded July 1, 2002 through June 30, 2003. (Co-Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Applying social cognitive theory and stage of change to better understand the exercise behavior of breast cancer patients”. Awarded July 1, 2002 through June 30, 2003. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Physical activity and biomarkers of joint health relevant to osteoarthritis prevention”. Awarded October 1, 2002 through September 30, 2003. (Principal Investigator)

Central Research Committee of Southern Illinois University School of Medicine, to study “Exercise and breast cancer survivors”. Awarded July 1, 2004 through June 30, 2005. (Principal Investigator)

American Lung Association of Illinois/Iowa, to study “Asthma and adiposity.” Awarded July 1, 2005 through June 30, 2006. (Consultant)

American Cancer Society, Illinois Division, to study “Exercise and rural breast cancer survivors” (#PSB05-03; \$230,972). Awarded September 1, 2005 through August 31, 2007. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “An exercise intervention for breast cancer patients: feasibility and effectiveness” (E200634; \$50,000). Awarded January 1, 2006 through December 31, 2006. (Principal Investigator)

Brooks Medical Research Fund to augment the study entitled “An exercise intervention for breast cancer patients: feasibility and effectiveness” (\$97,568). Awarded July 1, 2006 through June 30, 2007. (Principal Investigator)

Memorial Medical Center Foundation grant to augment the study entitled “An exercise intervention for breast cancer patients: feasibility and effectiveness” (\$24,484). Awarded October 6, 2006 through October 31, 2008. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Quality of life, physical functioning, and head and neck cancer (LIPHT)” (E200729; \$50,000). Awarded January 1, 2007 through December 31, 2007. (Principal Investigator)

Simmons Cancer Institute 2008 Developmental Cancer Research Award in Translational Science, to study “Changes in cancer-related cytokines after a physical activity intervention” (\$100,000). Awarded May 15, 2008 through May 14, 2010. (Principal Investigator)

Excellence in Academic Medicine of Southern Illinois University School of Medicine, to study “Resistance training and physical functioning in head and neck cancer patients (RETAIN)” (Intramural pilot grant; \$40,000). Awarded January 1, 2009 through December 31, 2010. (Principal Investigator)

Blue Cross Blue Shield of Illinois, to study “Springfield Collaborative for Child Health” (\$100,000). Awarded May 1, 2009 through October 31, 2010. (Working Group Member)

National Cancer Institute, to study “Enhancing physical activity after breast cancer diagnosis: randomized trial” (1R01CA136859-01A1; \$3,581,688). Awarded June 10, 2009 through April 30, 2014. (Principal Investigator)

National Cancer Institute, to study “Physical activity benefits after breast cancer: exploring cytokine mechanisms” (1R21CA135017-01A2; \$348,109). Awarded March 1, 2010 through February 28, 2012. (Principal Investigator)

National Institutes of Health, supplement to R01 entitled “Enhancing physical activity after breast cancer diagnosis: randomized trial” to support Dolores Guest, Ph.D. under the Research Supplements to Promote Diversity in Health-Related Research Program (3R01CA136859-02S1; \$83,037). Awarded May 1, 2010 through April 30, 2011. (Principal Investigator)

American Institute of Cancer Research, to study “Resistance training and physical functioning in head and neck cancer patients (RETAIN)” (10A048-REV2; Extramural grant based on above mentioned pilot grant; \$150,000). Awarded January 1, 2011 through December 31, 2012. (Principal Investigator)

PUBLICATIONS

Refereed

1. **Rogers, LQ;** Fincher, RME; Lewis, LA; Nance, LD III. (1989) A survey to determine factors influencing medical students' career choice. Acad Med. 64: 417.
2. **Rogers, LQ;** Lutcher, CL. (1990) Streptokinase therapy for deep venous thrombosis: a comprehensive review of the English Literature. Am J Med. 88: 389-395.
3. **Rogers, LQ;** Fincher, RME; Lewis, LA. (1990) Factors influencing medical students to chose primary care or non-primary care specialties. Acad Med. 65: 547-548.
4. **Rogers, LQ;** Lutcher, CL. (1990) Incidence of post - phlebitic syndrome after streptokinase therapy for deep vein thrombosis (Letter-to-the-editor: the reply). Am J Med. 9: 698.
5. **Rogers, LQ;** Fincher, RME; Strong, WB. (1990) Primary prevention of coronary artery disease through a family-oriented cardiac risk factor clinic. Sou Med J. 83:1270-1272.
6. Dardin, PM; Jackson, SM; *CADRE Study Group. (1991) Are pediatric residents prepared to do dietary counseling for hypercholesterolemic patients? Ann N Y Acad Sci. 623: 422-423.
7. Jackson, SM; Darden, P; *CADRE Study Group. (1991) Teaching pediatric residents to control cholesterol with diet. Ann N Y Acad Sci. 623: 424-426.
8. **Rogers, LQ;** Lutcher, CL. (1991) Streptokinase therapy and breakaway pulmonary emboli (Letter-to-the-Editor: the reply). Am J Med. 90: 411-413.
9. Fincher, RME; **Rogers, LQ;** Herring, LM; Lewis, LA; Nance, LD III. (1991) Resident recognition and treatment of hypercholesterolemic patients (Letter-to-the-Editor). Postgrad Med J. 67: 1028.
10. Fincher, RME; Lewis, LA; **Rogers, LQ.** (1992) Classification model that predicts medical students' choices of primary care or non-primary care specialties. Acad Med. 67: 324-327.
11. Levine, MA; Grossman, RS; Darden, PM; Jackson, SM; Peden, JG; Ammerman, AS; Levin, ML; Layne, RD; **Rogers, LQ;** Seelig, CB; Evans, AT; Settle, MB; Fletcher, SW. (1992) Dietary counseling of hypercholesterolemic patients by internal medicine residents. J Gen Int Med. 7: 511-516.
12. **Rogers, LQ;** Johnson, KC; Arheart, KL. (1993) Current physician screening and treatment of hypercholesterolemic patients. Am J Med Sci. 306: 124-128.
13. **Rogers, LQ;** Peden, JG; Seelig, CB; Grossman, R; Levin, ML; Evans, AT; Fletcher, SW; Stritter, FT; Ammerman, A; Settle, MB; Levine, MA; Darden, PM; Jackson, SM; Layne, RD. (1994) A program for teaching residents to provide dietary counseling for hypercholesterolemic patients. Teach Learn Med. 6: 277-282.

14. Evans, AT; **Rogers, LQ**; Peden, JG; Seelig, CB; Layne, RD; Levine, MA; Levin, ML; Grossman, RS; Darden, PM; Jackson, SM; Ammerman, AS; Settle, MB; Stritter, FT; Fletcher, SW, and the CADRE Study Group. (1996) Teaching dietary counseling skills to residents: patient and physician outcomes. Am J Prev Med. 12(4): 259-265.
15. **Rogers, LQ**; Johnson, KC; Young, ZM; Graney, M. (1997) Demographic bias in physician smoking cessation counseling. Am J Med Sci. 313(3): 153-158.
16. **Rogers, LQ**; Macera, CA; Hootman, JM; Ainsworth, BE; Blair, SN. (2002) The association between joint stress from physical activity and self-reported osteoarthritis: an analysis of the Cooper Clinic data. Osteoarth Cart. 10: 617-622.
17. **Rogers, LQ**; Bailey, JE; Gutin, B; Johnson, KC; Levine, MA; Milan, F; Seelig, CB; Sherman, SE. (2002) Teaching resident physicians to provide exercise counseling: a needs assessment. Acad Med. 77 (8): 841-844.
18. MacDonald, J; Ketchum, J; Williams, R; **Rogers, LQ**; Varney A. (2003) A lay person versus a trained endoscopist: can the preop endoscopy simulator detect a difference? J Surg Endo. 17(6): 896-898.
19. Robinson, RL; **Rogers, LQ**; Todd, CY; Bussing, RC. (2004) A Clinical Pathway to improve surgical risk assessment and use of perioperative β blockade in Noncardiac Surgery Patients. J Clin Outcome Manag. 11(7): 429-433.
20. **Rogers, LQ**; Matevey, C; Hopkins-Price, P; Shah, P; Dunnington, G; Courneya. K.S. (2004) Exploring social cognitive theory constructs for promoting exercise among breast cancer patients. Canc Nurs. 27(6):462-473.
21. **Rogers, LQ**; Gutin, B; Humphries, M; Lemmon, CR; Waller, JL; Baranowski, T; Saunders, R. (2005) A physician fitness program: enhancing the physician as an "exercise" role model for patients. Teach Learn Med. 17(1):27-35.
22. **Rogers, LQ**; Shah, P; Dunnington, G; Greive, A; Shanmughan, A; Dawson B; Courneya, KS. (2005) Social cognitive theory and physical activity during breast cancer treatment. Oncol Nurs Forum. 32(4):807-815.
23. Matevey, C; **Rogers, LQ**; Dawson, E; Tudor-Locke, C. (2006) Lack of reactivity during pedometer self-monitoring in adults. Measurement in Physical Education and Exercise Science. 10(1):1-11.
24. **Rogers, LQ**; Courneya, KS; Verhulst, S; Markwell, S; Lanzotti, V; Shah, P. (2006) Exercise barrier and task self-efficacy in breast cancer patients during treatment. Supp Care Canc. 14(1):84-90.
25. **Rogers, LQ**; Gutin, B; Humphries, M; Lemmon, CR; Waller, JL; Baranowski, T; Saunders, R. (2006) Evaluation of internal medicine residents as exercise role models and associations with self-reported counseling behavior, confidence, and perceived success. Teach Learn Med. 18(3):215-221.

26. **Rogers, LQ;** Courneya, KS; Robbins, TK; Malone, J; Seiz, A; Koch, L; Rao, K; Nagarkar, M. (2006) Physical activity and quality of life in head and neck cancer survivors. Supp Care Canc. 14:1012-1019.
27. **Rogers, LQ;** Tudor-Locke, C. (2006) Physical activity reactivity: more questions than answers (Letter-to-the-editor). Meas Phys Educ Exer Sci. 10(4):269-271.
28. Quin, J; Markwell, S; **Rogers, LQ;** McLafferty, R; Reinersman, M; Hazelrigg, S. (2006) Home anticoagulation testing: predictors of rural patient interest. J Surg Res. 136(2):232-237.
29. **Rogers, LQ;** Courneya, KS; Shah, P; Dunnington, G; Hopkins-Price, P. (2007) Exercise stage of change, barriers, expectations, values, and preferences among breast cancer patients during treatment: a pilot study. European Journal of Cancer Care. 16:55-66.
30. Bajwa, HA; **Rogers, LQ.** (2007) Physical activity barriers and program preferences among indigent internal medicine patients with arthritis. Rehab Nurs. 32(1):31-34.
31. **Rogers, LQ;** McAuley, E; Courneya, KS; Humphries, MC; Gutin, B. (2007) Racial differences in physical activity associations among primary care patients. Ethnicity & Disease. 17:629-635.
32. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Seiz, A; Koch, L; Rao, K. (2008) Physical activity correlates and barriers in head and neck cancer patients. Supp Care Canc. 16:19-27.
33. **Rogers, LQ;** McAuley, E; Courneya, KS; Verhulst, S. (2008) Correlates of physical activity self-efficacy among breast cancer survivors. American Journal of Health Behavior. 32(6):594-603.
34. **Rogers, LQ;** Courneya, KS; Verhulst, S; Markwell, SJ; McAuley, E. (2008) Factors associated with exercise counseling and program preferences among breast cancer survivors. J Phys Act Health. 5(5):688-705.
35. **Rogers, LQ;** Courneya, KS; Gururaja, RP; Markwell, SJ; Imeokparia R. (2008) Lifestyle behaviors, obesity, and perceived health among men with and without a diagnosis of prostate cancer: a population-based, cross-sectional study. BMC Public Health. 8:23.
36. McFall, M; Nonneman, R; **Rogers, LQ;** Mukerji V. (2009) Health care student attitudes toward prevention of cardiovascular disease. Nursing Education Perspectives. 30(5):285-294.
37. **Rogers, LQ;** Courneya, KS; Robbins, KT; Rao, K; Malone, J; Seiz, A; Reminger, S; Markwell, SJ; Burra, V. (2008) Factors associated with fatigue, sleep, and cognitive function among head and neck cancer patients. Head and Neck. 30:1310-1317.
38. Ray, M; **Rogers, LQ;** Trammell, R; Toth, LA. (2008) Fatigue and sleep during cancer and chemotherapy: translational rodent models. Comparative Medicine. 58(3):234-245.
39. **Rogers, LQ;** Malone, J; Rao, K; Courneya, KS; Fogleman, A; Tippey, A; Markwell, SJ, Robbins, TK. (2009) Exercise preferences among head and neck cancer patients: prevalence

and associations with quality of life, symptom severity, depression, and rural residence. Head and neck. 31(8):994-1005.

40. **Rogers, LQ**; Markwell, SJ; Verhulst, S; McAuley E; Courneya, KS. (2009) Rural breast cancer survivors: exercise preferences and their determinants. Psycho-Oncology. 18:412-421.
41. **Rogers, LQ**; Rao, K; Malone, J; Kandula, P; Ronen, O; Markwell, SJ; Courneya, KS; Robbins, KT. (2009) Factors associated with quality of life in out-patient head and neck cancer patients six months after diagnosis. Head and neck. 31(9):1207-1214.
42. **Rogers, LQ**; Hopkins-Price, P; Vicari, S; Markwell, S; Pamerter, R; Courneya, KS; Hoelzer, K; Naritoku, C; Edson, B; Jones, L; Dunnington, G; Verhulst, S. (2009) Physical activity and health outcomes three months after completing a physical activity behavior change intervention: persistent and delayed effects. Cancer Epidemiology, Biomarkers and Prevention. 18(5):1410-1418.
43. **Rogers, LQ**; Hopkins-Price, P; Vicari, S; Pamerter, R; Courneya, KS; Markwell, S; Verhulst, S; Hoelzer, K; Naritoku, C; Jones, L; Dunnington, G; Lanzotti, V; Wynstra, J; Shah, L; Edson, B; Graff, A; Lowy, M. (2009) A randomized trial to increase physical activity in breast cancer survivors. Med Sci Sports Exerc. 41(4):935-946.
44. **Rogers, LQ**; Markwell, SJ; Courneya, KS; McAuley, E; Verhulst, S. (2009) Exercise preference patterns, resources, and environment among rural breast cancer survivors. Journal of Rural Health. 25(4):388-391.
45. McAuley, E; White, SM; **Rogers, LQ**; Motl, RW; Courneya, KS. (2010) Physical activity and fatigue in breast cancer and multiple sclerosis: psychosocial mechanisms. Psychosomatic Medicine. 72(1):88-96.
46. **Rogers, LQ**; Vicari, S; Courneya, KS. (2010) Lessons learned in the trenches: facilitating exercise adherence among breast cancer survivors in a group setting. Cancer Nursing. 33(6):E10-17.
47. **Rogers, LQ**. Objective monitoring of physical activity after a cancer diagnosis: challenges and opportunities for enhancing cancer control. (2010) Physical Therapy Reviews. 15(3):224-237. (Invited submission)
48. **Rogers, LQ**; Markwell, SJ; Courneya, KS; McAuley, E; Verhulst, S. (2011) Physical activity type and intensity among rural breast cancer survivors: patterns and associations with fatigue and depressive symptoms. Journal of Cancer Survivorship: Research and Practice. 5(1):54-61.
49. **Rogers, LQ**; Markwell, S; Hopkins-Price, P; Vicari, S; Courneya, KS; Hoelzer, K; Verhulst, S. (2011) Reduced barriers mediated physical activity maintenance among breast cancer survivors. Journal of Sport and Exercise Psychology. 33(2):235-254.
50. Tudor-Lock, C; Craig, CL; Aoyagi, Y; Bell, RC; Croteau, KA; De Bourdeaudhuij, I; Ewald, B; Gardner, AW; Hatano, Y; Lutes, LD; Matsudo, SM; Ramirez-Marrero, FA; **Rogers, LQ**; Rowe, DA; Schmidt, MD; Tully, MA; Blair, SN. (2011) How many steps/day are enough?

For older adults and special populations. International Journal of Behavioral Nutrition and Physical Activity. 8:80 (Epub).

51. **Rogers, LQ**; McAuley, E; Anton, PA; Courneya, KS; Vicari, S; Hopkins-Price, P; Verhulst, S; Mocharnuk, R; Hoelzer, K. (2012) Better exercise adherence after treatment for cancer (BEAT Cancer) study: rationale, design, and methods. Contemporary Clinical Trials. 33(1):124-137.
52. Guest, DD; **Rogers, LQ**; Evans, EM. (2013) Diet components and perceived fatigue in breast cancer survivors. European Journal of Cancer Care. 22:51-59.
53. **Rogers, LQ**; Fogleman, A; Trammell, R; Hopkins-Price, P; Vicari, S; Rao, K; Edson, B; Verhulst, S; Courneya, KS; Hoelzer, K. (2012) Effects of a physical activity behavior change intervention on inflammation and related health outcomes in breast cancer survivors: pilot randomized trial. Integrative Cancer Therapies (Epub ahead of print) (<http://ict.sagepub.com/content/early/2012/07/16/1534735412449687>).
54. **Rogers, LQ**; Anton, PM; Fogleman, AF; Hopkins-Price, P; Verhulst, S; Rao, K; Malone, J; Robbs, R; Courneya, KS; Nanavati, P; Mansfield, S; Robbins, KT. (2012) Pilot, randomized trial of resistance exercise during radiation therapy for head and neck cancer. Head and Neck. (Epub ahead of print).

Invited Editorial

1. **Rogers, LQ**. (2012) Using exercise to fight fatigue in breast cancer survivors: challenges and future directions. Expert Reviews of Pharmacoeconomics and Outcomes Research. 12(3):251-254.

Abstracts

1. **Rogers, LQ**; Strong, WB; Fincher, RME. (1989) Primary prevention of coronary artery disease through a family-oriented cardiac risk factor clinic. South Med J. 82: 73.
2. Herring, LM; **Rogers, LQ**; Fincher, RME. (1989) Recognition of hypercholesterolemia in cardiac catheterization compared with general medicine admissions. South Med J. 82:129.
3. Levin, MA; *CADRE Study Group. (1990) Are internal medicine residents prepared to do dietary counseling for hypercholesterolemic patients? Clin Res. 38: 730A.
4. Levine, MA; Grossman, RS; *CADRE Study Group. (1991) Teaching Internal Medicine residents effective dietary counseling skills: a randomized trial. Clin Res. 39: 19A.
5. Grossman, RS; Berkowitz, L; Seelig, C; Fincher, R; **Rogers, LQ**; Layne, R; Levine, M. (1991) Do in-training exam results predict performance on certification exam? Clin Res. 39: 17A.
6. **Rogers, LQ**; Evans, A; *CADRE Study Group. (1992) The effect of physician education on patient cholesterol. Clin Res. 40: 604A.

7. **Rogers, LQ**; Peden, JG; Seelig, CB; *CADRE Study Group. (1992) Teaching Residents dietary counseling. Clin Res. 40: 604A.
8. **Rogers, LQ**; Johnson, KC; Arheart, KL. (1993) Current physician screening and treatment of hypercholesterolemic patients. Clin Res. 40: 811A.
9. **Rogers, LQ**; Johnson, KC. (1993) Resident knowledge and utilization of NCEP guidelines. Clin Res.
10. Johnson, KC; **Rogers, LQ**. (1993) Gender bias in physician smoking cessation counseling. Clin Res. 41: 569A.
11. Stephens, MA; **Rogers, LQ**; Johnson, KC; Fulbright, V. (1993) Evaluation of a cost-containment program in hypertensive patients prescribed sustained released Nifedipine. Clin Res.
12. DuPre, CT; **Rogers, LQ**; Wickstrom, G; Kolar, M; Bognar, B. (1996) Primary Care Skills Group. Lack of knowledge of hypertension guidelines among internal medicine trainees. J Gen Int Med.
13. Johnson, KC; **Rogers, LQ**; Mobley, JA. (1996) Barriers to successful physician smoking cessation counseling. J Gen Int Med.
14. **Rogers, LQ**; Gutin, B; Louard, RJ; Davis, HC. (1997) A comparison of diabetic and non-diabetic patients on measures of activity, self-efficacy for exercise and barriers to exercise. Ann Behav Med. 19: Supplement (Proceedings of Society of Behavioral Medicine 18th Annual Meeting).
15. **Rogers, LQ**; Johnson, KC; Mobley, JA. (1997) Determinants of resident treatment of hypercholesterolemic patients. J Gen Int Med. 12 (Supplement 1):97.
16. **Rogers LQ**; Humphries MC, Davis H, Gutin B. (1998) Predictors of physical activity among Internal Medicine clinic patients. Med Sci Sports Exerc. 30(5): S96.
17. **Rogers, LQ**; Humphries, MC; Gutin, B; Lemmon, C. (2001) Effect of a physician fitness program on fitness behavior, and attitudes toward physical activity. Med Sci Sports Exerc. 33 (Supplement 5): S231.
18. Hootman, JM; Macera, CA; **Rogers, LQ**; Blair, SN. (2001) Walking versus running: the long-term impact on the development of hip/knee osteoarthritis. Med Sci Sports Exerc. 33 (Supplement 5): S258.
19. **Rogers, LQ**; Gutin, B; Humphries, M. (2002) Assessing physical activity determinants and preferences among patients with arthritis to enhance future intervention design. Med Sci Sports Exerc. 34 (Supplement 5): S38.
20. Matevey, C; **Rogers, LQ**; Dawson, B; Tudor-Locke, C. (2003) Reactivity to pedometer self-monitoring: a randomized controlled crossover study. Med Sci Sports Exerc. 35 (Supplement 5): S284.

21. **Rogers, LQ;** Carney, L; Matevey, C; Dawson, B. (2003) Exercise behavior and attitudes among Internal Medicine Patients. Med Sci Sports Exerc. 35 (Supplement 5): S392.
22. Hopkins-Price, P; Matevey, C; **Rogers, LQ.** (2003) Evaluating breast cancer patients needs for development of a physical activity program during treatment. Med Sci Sports Exerc. 35 (Supplement 5): S399.
23. Robinson, R; Bussing, RC; Todd, CY; **Rogers, LQ.** (2004) Improving surgical risk assessment, risk factor documentation, and perioperative beta blocker utilization with a evidence based physician risk evaluation form. J Gen Int Med. 19 (Supplement):106.
24. **Rogers, LQ;** Matevey, C; Dawson, B; Greive, A. (2004) Exercise behavior and social cognitive theory among breast cancer patients during treatment. Med Sci Sports Exerc. 36 (Supplement 5):S98.
25. **Rogers, LQ;** Courneya, KS; Verhulst, SJ; Lanzotti, VJ; Shah, PC. (2005) Psychometric properties of exercise self-efficacy scales for breast cancer patients. Ann Behav Med. 29:S093.
26. **Rogers, LQ;** Courneya, KS; Shah, P; Dunnington, G; Greive, A; Shanmugham, A; Dawson, B. (2005) Physical activity correlates during breast cancer treatment within a social cognitive theory framework. Med Sci Sports Exerc. 37(Supplement 5):S367.
27. Chittari, LM; **Rogers, LQ;** Hopkins-Price, P; Pamentner, R; Francis, ML; Bajwa, HA; Idusuyi, O. (2005) Associations between osteoarthritis biomarkers and physical activity in healthy females with family history of osteoarthritis. Med Sci Sports Exerc. 37(Supplement 5):S461.
28. **Rogers, LQ;** Courneya, KS; Shah, P; Dunnington, G; Hopkins-Price, P. (2006) Exercise stage of change, barriers, expectations, and values during breast cancer treatment. Ann Behav Med. 31(Supplement):S134.
29. **Rogers, LQ;** Courneya, KS; Gururaja, R; Markwell, S; Imeokparia, R. (2006) Lifestyle behaviors among men with and without prostate cancer. Ann Behav Med. 31(Supplement):S070.
30. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Seiz, A; Koch, L; Nagarkar, M; Rao, K. (2006) Exercise and quality of life in head and neck cancer patients. Med Sci Sports Exerc. 38(Supplement):S55.
31. **Rogers, LQ;** Malone, J; Robbins, T; Rao, K; Courneya, KS; Seiz, A. (2006) Multivariate analysis of multidomain quality-of-life predictors among head and neck cancer patients. Arch Otolaryngol Head Neck Surg. 132:880.
32. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Rao K; Seiz A; Koch L. (2007) Physical activity correlates in head and neck cancer survivors. Ann Behav Med. 33(Supplement):S191.

33. **Rogers, LQ**; Courneya, KS; Rao, K; Robbins, T, Malone, J; Seiz, A; Reminger, S. (2007) Physical activity, sleep, cognitive function, and fatigue in head and neck cancer survivors. Med Sci Sports Exerc. 39(Supplement):S450.
34. **Rogers, LQ**; Hopkins-Price P, Vicari S, Pamentor R, Courneya KS, Markwell, S; Verhulst, S; Hoelzer, K; Naritoku, C; Jones, L; Dunnington, G; Lanzotti, V; Wynstra, J; Shah, L. (2008) Effectiveness of a physical activity behavior change intervention for breast cancer survivors: a randomized trial. Med Sci Sports Exerc. 40(Supplement):S106.
35. Tippey, A; **Rogers, LQ**; Malone, J; Rao, K; Fogleman, A; Courneya, KS; Robbins, KT. (2008) Exercise program preferences among head and neck cancer survivors: associations with quality of life. Med Sci Sports Exerc. 40(Supplement):S483.
36. **Rogers, LQ**; Markwell, S; Hopkins-Price, P; Vicari, S; Courneya, KS; Hoelzer, K; Verhulst, S. (2010) Mediators of adherence after a physical activity intervention for breast cancer survivors. Int J Behav Med. 17(Supplement):S303.
37. Kalapurakal, S; **Rogers, LQ**; Rao, K (AACR sponsor); Trammell, R; Fogleman, A; Hopkins-Price, P; Vicari, S; Verhulst, S; Courneya, LS; Toth, L. (2011) Factors associated with fatigue, sleep dysfunction, and joint symptoms in breast cancer survivors. Published in the 2011 Proceedings of the American Association for Cancer Research.
38. Guest, DD; **Rogers, LQ**; Evans, EM. (2011) Nutritional intake, physical activity, adiposity, and perceived fatigue in breast cancer survivors. Med Sci Sports Exerc. 43(Supplement):S305.
39. McCoy, K; Hopkins-Price, P; **Rogers, LQ**. (2011) Factors influencing long term physical activity adherence in breast cancer survivors. Med Sci Sports Exerc. 43(Supplement):S102.
40. Bradley, C; Anton, PM; **Rogers, LQ**. (2011) Resistance training/nutrition intervention in a tonsil carcinoma patient undergoing radiation treatment: a case study. Med Sci Sports Exerc. 43(Supplement):S629.
41. Guest, DD; Das, BM; Ward, CL; Petruzzello, SJ; **Rogers, LQ**; Evans, EM. (2012) Differential effects of physical activity and adiposity on fatigue dimensions and physical function in breast cancer survivors. Ann Behav Med. 43(Supplement 1):s170.

Non-Refereed

1. Fincher, RME; Anders, DA; Hartney, TJ; Jarvis, RJ; Lunn, JS; Riley, MG; **Rogers, LQ**. (December, 1987) Self assessment computer-assisted learning instructional program: self-test 25 – Internal Medicine. Vision Software, Inc., Atlanta, GA.
2. **Rogers, LQ** (August, 2008) "Exercising regularly after a cancer diagnosis", American College of Sports Medicine website (http://www.acsm.org/AM/Template.cfm?Section=Home_Page&Template=/CM/HTMLDisplay.cfm&ContentID=11092; accessed 6/28/11).
3. **Rogers, LQ**. (Fall, 2008) Exercise and cancer prevention. Simmons Cancer Institute at Southern Illinois University Newsletter.

4. **Rogers, LQ** (October, 2009) "Exercise as a way to reduce the side effects of breast cancer diagnosis and treatment", American College of Sports Medicine website (http://www.acsm.org/AM/Template.cfm?Section=Home_Page&Template=/CM/HTMLDisplay.cfm&ContentID=13674; accessed 6/28/11).
5. **Rogers, LQ.** (March, 2010) Breast cancer survivors and weight lifting. Simmons Cancer Institute at Southern Illinois University Newsletter.
6. **Rogers, LQ** in collaboration with Southern Illinois University School of Medicine Office of Public Affairs (April, 2012) Exercise for weight management. Special release to the State Journal-Register, Be Healthy Springfield website (http://www.sjr.com/health/x1783285346/Exercise-for-Weight-Management?zc_p=0).

* CADRE Study Group (Cholesterol and Diet Resident Education Study Group) consists of the following authors: Ammerman, A; Darden, PM; Evans, AT; Fletcher, SW; Grossman, R; Jackson, SM; Layne, RD; Levin, ML; Levine, MA; Peden, JG; **Rogers, LQ**; Seelig, CB; Settle, MB; Stritter, FT.

PRESENTATIONS

Research

1. **Rogers, LQ**; Fincher, RME; Lewis, LA; Nance, LD III. (March 17, 1989) What influences students to choose primary care specialties? Presented at the Southern Group on Medical Education Annual Meeting, Charlottesville, VA.
2. **Rogers, LQ.** Strategies for recruiting into primary care. (March 17, 1989) Presented at the Southern Group on Medical Education Annual Meeting, Charlottesville, VA.
3. **Rogers, LQ**; Strong, WB; Fincher, RME. (November, 1989) Primary prevention of coronary artery disease through a family-oriented cardiac risk factor clinic. Presented at the 83rd Annual Scientific Assembly of the Southern Medical Association, Washington, DC.
4. Herring, LM; **Rogers, LQ**; Fincher, RME. (November, 1989) Recognition of hypercholesterolemia in cardiac catheterization compared with general medicine admissions. Presented at the 83rd Annual Scientific Assembly of the Southern Medical Association, Washington, DC.
5. **Rogers, LQ**; Fincher, RME; Lewis, LA; Nance, LD III. (March, 1990) Factors influencing students to choose specialties other than primary care. Presented at the Southern Group on Educational Affairs Annual Meeting. Chapel Hill, NC.
6. **Rogers, LQ**; Fincher, RME; Lewis, LA. (October, 1990) Factors influencing medical students to choose primary care or non-primary specialties. Presented by Dr. Fincher at the 29th Annual Conference on Research in Medical Education.
7. Fincher, RME; Lewis, LA; **Rogers, LQ.** (April 5, 1991) A 3-year study of influences on students' choice of primary or non-primary care specialties. Presented at the Southern Group on Educational Affairs Annual Meeting, Houston, TX.

8. **Rogers, LQ;** Evans, A; *CADRE Study Group. (April 29, 1992) The effect of physician education on patient cholesterol. Presented at the Society of General Internal Medicine Meeting, Washington, DC.
9. **Rogers, LQ;** Johnson, KC; Arheart KL. (January 22, 1993) Current physician screening and treatment of hypercholesterolemic patients. Presented at the Southern Section of the Society of General Internal Medicine Meeting, New Orleans, LA.
10. **Rogers, LQ;** Johnson, KC; Arheart, KL. (April, 1993) Resident knowledge and utilization of NCEP guidelines. Presented by Dr. Johnson at the National Society of General Internal Medicine meeting, Washington, DC.
11. **Rogers, LQ;** Johnson, KC. (March 31, 1995) Patient follow-up during clinical trials in an inner city population: problems and solutions. An interest group presented at the Prevention 95 Meeting, New Orleans, LA.
12. **Rogers, LQ;** Johnson, KJ; Mobley, JA. (March 24, 1996) Inner-city patients with Hypercholesterolemia: attitudes toward a low fat diet. Presented at the American College of Preventive Medicine Meeting (Prevention 96), Dallas, Texas.
13. DuPre, CT; **Rogers, LQ.** (January, 1997) Enhancing breast cancer screening in Georgia. Presented by Dr. DuPre at the Southern Society of General Internal Medicine meeting.
14. **Rogers, LQ;** Gutin, B; Louard, RJ; Davis, HC. (April 17, 1997) A comparison of diabetic and non-diabetic patients on measures of activity, self-efficacy for exercise and barriers to exercise. Presented by H Davis at the Society of Behavioral Medicine National Meeting, San Francisco, CA.
15. **Rogers, LQ;** Johnson, KC; Mobley, JA. (May 3, 1997) Determinants of resident treatment of hypercholesterolemic patients. Presented at the Society of General Internal Medicine National Meeting, Washington, DC.
16. **Rogers, LQ;** Humphries, MC; Davis, H; Gutin, B. (June 4, 1998) Predictors of physical activity among Internal Medicine clinic patients. Presented at the American College of Sports Medicine Annual Meeting, Orlando, FL.
17. **Rogers, LQ;** Humphries, MC; Gutin, B; Lemmon, C. (June 1, 2001) Effect of a physician fitness program on fitness, behavior, and attitudes toward physical activity. Presented at the National American College of Sports Medicine Meeting, Baltimore, MD.
18. **Rogers, LQ;** Dawson B. (November, 2001) The “Do’s and Don’ts” of Survey Research. Invited 2½-hour workshop, Annual Conference on Research in Medical Education, American Association of Medical Colleges, Washington DC.
19. **Rogers, LQ;** Gutin, B; Humphries, MC. (May 29, 2002) Assessing physical activity determinants and preferences among patients with arthritis to enhance future intervention design. Presented at the National American College of Sports Medicine Meeting, St.Louis, MO.

20. Matevey, C; **Rogers, LQ**; Dawson, B; Tudor-Locke, C. (May 30, 2003) Reactivity to pedometer self-monitoring: a randomized controlled crossover study. Presented by C Matevey as at the National American College of Sports Medicine Meeting, San Francisco, CA.
21. **Rogers, LQ**; Carney, L; Matevey, C. (May 31, 2003) Exercise behavior and attitudes among Internal Medicine Patients. Presented at the National American College of Sports Medicine Meeting, San Francisco, CA.
21. Hopkins-Price, P; Matevey, C; **Rogers, LQ**. (May 31, 2003) Evaluating breast cancer patients needs for development of a physical activity program during treatment. Presented by Dr. Hopkins-Price at the National American College of Sports Medicine Meeting, San Francisco, CA.
23. Bailey, L; Peralta, E; Litwiller, A; **Rogers, LQ**; Dunnington, G. (September, 2003) Effect of lifestyle factors on breast cancer incidence in women with Gail score > 1.7. Presented by Dr. Peralta at the Lynn Sage Breast Cancer Symposium, Chicago, IL.
24. Robinson, R; Bussing, RC; Todd, CY; **Rogers, LQ**. (May, 2004) Improving surgical risk assessment, risk factor documentation, and perioperative beta blocker utilization with a evidence based physician risk evaluation form. Presented by Dr. Gilani at the National Society of General Internal Medicine Meeting, Chicago, IL.
25. **Rogers, LQ**; Matevey, C; Dawson, B; Greive, A. (June 3, 2004) Exercise behavior and social cognitive theory among breast cancer patients during treatment. Presented at the National American College of Sports Medicine Meeting, Indianapolis, IN.
26. Peralta, EA; **Rogers, LQ**; Pamerter, R; Dunnington, GL. (October 19, 2004) Adipocytokines as biomarkers for breast cancer prevention. Presented by Dr. Peralta at the Third Annual AACR International Conference on Frontiers in Cancer Prevention Research, Seattle, WA.
27. **Rogers, LQ**; Courneya, KS; Verhulst, SJ; Lanzotti, VJ; Shah, PC. (April, 2005) Psychometric properties of exercise self-efficacy scales for breast cancer patients. Presented at the Society of Behavioral Medicine Annual Meeting, Boston, MA.
28. Chittari, LM; **Rogers, LQ**; Hopkins-Price, P; Pamerter, R; Francis ML; Bajwa, HA; Idusuyi, O. (June 4, 2005) Associations between osteoarthritis biomarkers and physical activity in healthy females with family history of osteoarthritis. Presented by Dr. Chittari at the National American College of Sports Medicine Meeting, Nashville, TN.
29. **Rogers, LQ**; Courneya, KS; Shah, P; Dunnington, G; Greive, A; Shanmugham, A; Dawson, B. (June 3, 2005) Physical activity correlates during breast cancer treatment within a social cognitive theory framework. Presented at the National American College of Sports Medicine Meeting, Nashville, TN.
30. **Rogers, LQ**; Courneya, KS; Shah, P; Dunnington, G; Hopkins-Price, P. (March 24, 2006) Exercise stage of change, barriers, expectations, and values during breast cancer treatment. Presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.

31. **Rogers, LQ;** Courneya, KS; Gururaja, R; Markwell, S; Imeokparia, R. (March 23, 2006) Lifestyle behaviors among men with and without prostate cancer. Presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
32. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Seiz, A; Koch, L; Nagarkar, M; Rao, K. (June 1, 2006) Exercise and quality of life in head and neck cancer patients. Presented at the National American College of Sports Medicine Meeting, Denver, CO.
33. **Rogers, LQ;** Malone, J; Robbins T; Rao, K; Courneya KS; Seiz A. Multivariate analysis of multi-domain quality of life predictors among head and neck cancer patients. (August 18, 2006) Presented as a moderated poster at the American Head & Neck Society Annual Meeting, Chicago, IL.
34. **Rogers, LQ;** Courneya, KS; Robbins, T; Malone, J; Rao K; Seiz A; Koch L. (March 23, 2007) Physical activity correlates in head and neck cancer survivors. Presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC.
35. **Rogers, LQ;** Courneya, KS; Rao, K; Robbins, T, Malone, J; Seiz, A; Reminger, S. (June 1, 2007) Physical activity, sleep, cognitive function, and fatigue in head and neck cancer survivors. Presented at the National American College of Sports Medicine Meeting, New Orleans, LA.
36. **Rogers, LQ.** (May 1, 2008) Increasing physical activity adherence after breast cancer diagnosis. Presented at the Southwest Oncology Group Meeting, Atlanta, Georgia.
37. Reminger, SL; **Rogers, LQ;** Fogleman, A; Malone, J; Rao, K; Robbins, KT; Courneya, KS. (May 9, 2008). Decline in cognitive function following treatment for head and neck cancer. Presented by Dr. Reminger at the Midwest Neuropsychology Group meeting, Chicago, IL.
38. **Rogers, LQ;** Hopkins-Price, P; Vicari, S; Pamentor, R; Courneya, KS; Markwell, S; Verhulst, S; Hoelzer, K; Naritoku, C; Jones, L; Dunnington, G; Lanzotti, V; Wynstra, J; Shah, L. (May 30, 2008) Effectiveness of a physical activity behavior change intervention for breast cancer survivors: a randomized trial. Presented by Dr. Rogers as an oral presentation at the American College of Sports Medicine Annual Meeting, Indianapolis, IN.
39. Tippey, A; **Rogers, LQ;** Malone, J; Rao, K; Fogleman, A; Courneya, KS; Robbins, KT. (May 31, 2008) Exercise program preferences among head and neck cancer survivors: associations with quality of life. Presented by A Tippey as a poster presentation at the American College of Sports Medicine Annual Meeting, Indianapolis, IN.
40. **Rogers, LQ.** (October 30, 2008) Exercise intervention trial: precapsule under consideration. Presented at the Southwest Oncology Group Meeting, Chicago, IL.
41. **Rogers, LQ.** (January 19, 2009) Exercise intervention trials in breast cancer patients: collaboration opportunities. Presented at Simmons Cancer Institute Breast Cancer Working Group First Annual Research Meeting, Springfield, IL.
42. **Rogers, LQ.** (April 23, 2009) Exercise intervention trial during chemotherapy for breast cancer. Presented at the Southwest Oncology Group Meeting, Atlanta, Georgia.

43. **Rogers, LQ.** (August 2009) Enhancing physical activity adherence after breast cancer diagnosis: randomized trial. Presented at the Southern Illinois University Department of Medicine Quarterly Staff meeting, Springfield, IL.
44. **Rogers, LQ.** (September 18, 2009) Exercise and cancer survivorship: a research journey. Presented at the Simmons Cancer Institute Fifth Annual Retreat, Springfield, IL.
45. **Rogers, LQ.** (October 2, 2009) Exercise and cancer survivorship: a research journey (adapted for resident physicians). Presented at the Faculty Research Forum, Southern Illinois University Department of Medicine, Springfield, IL.
46. **Rogers, LQ.** (October 19, 2009) Move to Recovery: building on an exercise and cancer survivorship experience. Presented at the Southern Illinois Healthcare Foundation, East St. Louis, IL.
47. **Rogers, LQ.** (October 22, 2009 & October 21, 2010) Exercise feasibility trial during chemotherapy for breast cancer (SWOG S0932, reassigned as S1010). Presented at the Southwest Oncology Group Meeting, Chicago, IL.
48. **Rogers, LQ.** (November 6, 2009) Randomized trial of exercise in breast cancer survivors. Presented at the Faculty Research Forum, Southern Illinois University Department of Medicine, Springfield, IL.
49. White, SM; McAuley, E; **Rogers, LQ**; Courneya, KS. (December 2009) Psychosocial mechanisms for explaining the relationship between physical activity and fatigue in breast cancer survivors. Paper presented by SM White at the annual meeting of the American Association for Cancer Research International Conference: Frontiers in Cancer Prevention Research, Houston, TX.
50. Deschler, D; Fogleman, A; **Rogers, LQ**; Trammell, R; Johnson, G; Johnson, R; Ames, S; Dumich, S. (May 5, 2010) Factors associated with inflammatory markers in endometrial cancer survivors: a pilot study. Presented by D Deschler at the 20th Annual Trainee Research Symposium, Southern Illinois University School of Medicine, Springfield, IL.
51. **Rogers, LQ**; Markwell, S; Hopkins-Price, P; Vicari, S; Courneya, KS; Hoelzer, K; Verhulst, S. (August 7, 2010) Mediators of adherence after a physical activity intervention for breast cancer survivors. Presented by Dr. Rogers as a paper presentation at the 11th International Congress of Behavioral Medicine, Washington, DC.
52. Reminger, S; **Rogers, LQ**; Fogleman, A; Malone, J; Rao, K; Robbins, KT; Courneya, KS. (September 11, 2010) Neuropsychological consequences of head and neck cancer. Data blitz presentation by Dr. Reminger at the Fifth Biennial Southern Illinois Region Neuroscience Retreat, Collinsville, IL.
53. Kalapurakal, S; **Rogers, LQ**; Rao, K; Trammell, R; Fogleman, A; Hopkins-Price, P; Vicari, S; Verhulst, S; Courneya, LS; Toth, L. (April 4, 2011) Factors associated with fatigue, sleep dysfunction, and joint symptoms in breast cancer survivors. Presented by Dr. Kalapurakal as a poster presentation at the 2011 American Association for Cancer Research (AACR) Annual Meeting, Orlando, FL.

54. Guest, DD; **Rogers, LQ**; Evans, EM. (June 2, 2011) Nutritional intake, physical activity, adiposity, and perceived fatigue in breast cancer survivors. Presented by Dr. Evans as a poster presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
55. McCoy, K; Hopkins-Price, P; **Rogers, LQ**. (June 3, 2011) Factors influencing long term physical activity adherence in breast cancer survivors. Presented by K McCoy as an oral presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
56. Bradley, C; Anton, PM; **Rogers, LQ**. (June 4, 2011) Resistance training/nutrition intervention in a tonsil carcinoma patient undergoing radiation treatment: a case study. Presented by C Bradley as a poster presentation at the 2011 American College of Sports Medicine Annual Meeting, Denver, CO.
57. **Rogers, LQ**. (October 13, 2011) Symptom Control and QoL committee: exercise survey results and S1010 update. Presented at the Southwest Oncology Group (SWOG) Meeting, San Antonio, TX.
58. **Rogers, LQ**. (November 16, 2011) Physical activity and cancer survivorship in rural Illinois. Presented as a research seminar at the University of Alabama at Birmingham Comprehensive Cancer Center, Birmingham, AL.
59. **Rogers, LQ**. (March 20, 2012) Case presentation posing a statistical question for discussion by the Statistical Challenges Panel at the Cancer Prevention and Control Investigators Workshop at the National Cancer Institute, Fishers Lane Conference Center, Rockville, MD.
60. Guest, DD; Das, BM; Ward, CL; Petruzzello, SJ; **Rogers, LQ**; Evans, EE. (April 13, 2012) Differential effects of physical activity and adiposity on fatigue dimensions and physical function in breast cancer survivors. Presented by Dr. Evans as a poster presentation at the Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
61. Ames, S; **Rogers, LQ**; Fogleman, A; Spenner, A; Canaday, D; Trammell, R. (April 25, 2012) Inflammation and patient-reported outcomes in breast and endometrial cancer survivors compared with non-cancer controls. Presented by S Ames as an oral presentation at the Southern Illinois University School of Medicine 22nd Annual Trainee Symposium (awarded 2nd place for best medical student oral presentation).
62. Rogers, LQ; Trammell, R; Vicari, S; Hopkins-Price, P; Spenner, A; Fogleman, A; Rao, K; Courneya, KS; Hoelzer, K; Robbs, R; Verhulst, S. (March 23, 2013) Inflammatory mediators, exercise, and fatigue in breast cancer survivors: Pilot randomized trial. Presented as a rapid communication poster at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
63. Rogers, LQ; Trammell, R; Vicari, S; Hopkins-Price, P; Spenner, A; Fogleman, A; Rao, K; Courneya, KS; Hoelzer, K; Robbs, R; Verhulst, S. (March 23, 2013) Pilot randomized exercise trial testing inflammatory mediators of sleep quality in breast cancer survivors. Presented as a rapid communication poster at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA.

Miscellaneous (e.g., other than research or continuing medical education) (2001 - Present)

1. **Rogers, LQ.** (2001 - 2010) "Preventive medicine", Third year medical student clerkship seminar (4 times per year).
2. **Rogers, LQ.** (April, 2001) "Physical activity and arthritis", Resident Research Conference.
3. **Rogers, LQ.** (May, 2001) "Physical activity counseling", Resident Ambulatory Care Conference.
4. **Rogers, LQ.** (September, 2001) "Exercise determinants among patients with lung disease", Southern Illinois University Division of Pulmonary Medicine Research Conference.
5. **Rogers, LQ.** (October, 2001) "Third US Preventative Services Task Force: an update", Southern Illinois University School of Medicine, Department of Medicine, Grand Rounds.
6. **Rogers, LQ.** (2002) "Balance", Medical Student Empathy Session.
7. **Rogers, LQ.** (January, 2002) "Priorities among recommended clinical preventive services", Southern Illinois University Health Services Journal Club.
8. **Rogers, LQ.** (January, 2002) "Developing research questions and choosing a design", Southern Illinois University Women's Faculty Group Presentation.
9. **Rogers, LQ.** (February, 2002 & June, 2002) "Basics of survey design" (two parts), Southern Illinois University Women's Faculty Group Presentation.
10. **Rogers, LQ.** (January, 2003) "Research recruitment and retention issues, POWER study", Southern Illinois University School of Medicine, Department of Medicine Research Forum.
11. **Rogers, LQ.** (March, 2003) "Cover the Uninsured Week", Southern Illinois University Health Services Journal Club.
12. **Rogers, LQ.** (May, 2003) "Exercise and osteoporosis", Southern Illinois University School of Medicine, Grand Rounds.
13. **Rogers, LQ.** (May, 2003) "Exercise and obesity", Resident Ambulatory Care Conference.
14. **Rogers, LQ.** (May, 2003) "Exercise prescription to reduce obesity", Resident Noon Conference.
15. **Rogers, LQ.** (June, 2003) "No-fault compensation for medical injuries. The prospect for error prevention", Southern Illinois University Health Services Journal Club.
16. **Rogers, LQ.** (October, 2003) "Low back pain", Resident Ambulatory Care Conference.
17. **Rogers, LQ.** (October, 2003) "Breast cancer patients and exercise: preliminary analysis", Southern Illinois University Department of OB/GYN Research Conference.
18. **Rogers, LQ.** (October, 2003) "Breast cancer patients and exercise", Southern Illinois University Division of Hematology/Oncology Morning Conference.

19. **Rogers, LQ.** (December, 2003) “Acute rhinosinusitis”, Resident Ambulatory Care Conference.
20. **Rogers, LQ.** (February, 2004) “The effect of vending machines in secondary school”, Southern Illinois University Health Services Journal Club.
21. **Rogers, LQ.** (March, 2004) “The effects of exercise”, Southern Illinois University School of Medicine Mini Med School
22. **Rogers, LQ.** (March, 2004) “The cranial nerve examination”, Brain Awareness Week, Lincoln Magnet School.
23. **Rogers, LQ.** (September, 2004) “Social cognitive theory and exercise during breast cancer treatment”, invited lecture, Department of Kinesiology, University of Alberta, Edmonton, Canada.
24. **Rogers, LQ.** (October, 2004) “Preventive cardiology”, Resident Ambulatory Curriculum Conference.
25. **Rogers, LQ.** (October, 2004 & March, 2006) “Dizziness and vertigo”, Resident Ambulatory Curriculum Conference.
26. **Rogers, LQ.** (January, 2005) “Low back pain”, Resident Ambulatory Curriculum Conference.
27. **Rogers, LQ** (January, 2005) “Exercise adherence and cancer survivors”, Medical College of Wisconsin, Milwaukee, WI.
28. **Rogers, LQ** (February, 2005 & January, 2006) “Urinary tract infections”, Resident Ambulatory Curriculum Conference.
29. **Rogers, LQ** (March, 2005) “Hypothyroidism”, Resident Ambulatory Curriculum Conference.
30. **Rogers, LQ** (March, 2005) “Deep vein thrombosis”, Resident Ambulatory Curriculum Conference.
31. **Rogers, LQ** (September, 2005) “Diagnosis and management of type 2 diabetes mellitus”, Resident Ambulatory Curriculum Conference.
32. **Rogers, LQ** (September, 2005) “Pertussis outbreak investigation”, Small group leader, Southern Illinois University School of Medicine, Year 2 Population & Preventative Health Streamer, Epidemiologic Investigative Session.
33. **Rogers, LQ** (October 2005) “Obesity and exercise: a PRECEDE-PROCEED approach”. University of Illinois Springfield, School of Public Health, MPH 561 Community Health Education, guest lecturer.
34. **Rogers, LQ** (October, 2005) “Acute low back pain”, Resident Ambulatory Curriculum Conference.

35. **Rogers, LQ** (October, 2005) “Balancing work and family”, Empathy session co-leader, Southern Illinois University School of Medicine, Year 3 & 4.
36. **Rogers, LQ** (November, 2005) “Outpatient palliative care: pain management”, Resident Ambulatory Curriculum Conference.
37. **Rogers, LQ** (December, 2005) “Clinical Epidemiology Roundtable: screening programs for cardiovascular disease”, Small group leader, Southern Illinois University School of Medicine, Year 2, CRR Unit.
38. **Rogers, LQ** (December, 2005) “Obesity and overweight: diagnosis and management”, Resident Ambulatory Curriculum Conference.
39. **Rogers, LQ** (January, 2006) “Osteoporosis”, Resident Ambulatory Curriculum Conference.
40. **Rogers, LQ** (February, 2006) “Exercise and cancer survivors”, Faculty Research Presentation, Southern Illinois University Department of Medicine.
41. **Rogers, LQ** (February 22, 2006) “Exercise adherence and breast cancer survivors”, Southern Illinois University Breast Center tumor board meeting.
42. **Rogers, LQ** (February, 2006) “Carpal tunnel syndrome”, Resident Ambulatory Curriculum Conference (author of module and group facilitator).
43. **Rogers, LQ** (March, 2006) “Exercise and cancer survivors”, American Cancer Society “Informing You” Cable TV interview.
44. **Rogers, LQ** (September 2006) “Health Services Journal Club: where do we go from here?”, Southern Illinois University Health Services Journal Club.
45. **Rogers, LQ** (November 2006) “Health Services Journal Club: lung cancer screening: should we change our clinical practice or cancel our subscription to the NEJM?”, Southern Illinois University Health Services Journal Club.
46. **Rogers, LQ** (November, 2006) “Population Health Roundtable: cardiovascular screening”, Small group leader, Southern Illinois University School of Medicine, Year 2, CRR Unit.
47. **Rogers, LQ** (January, 2007) “Clinical trials bring hope to patients”, guest speaker, BEAT Cancer trial, Hometown Housecall.
48. **Rogers, LQ** (March, 2007) “Health services research opportunities at Southern Illinois University: enhancing the science behind systems-based practice”, panelist, Southern Illinois University Health Services Journal Club.
49. **Rogers, LQ** (July, 2007) “Asthma” & “Chest pain”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.

50. **Rogers, LQ** (July, 2008) “Aortic aneurysm” & “Congestive heart failure”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
51. **Rogers, LQ** (September, 2008) “Cancer mortality and SES”, discussion leader, Simmons Cancer Institute Population Science Journal Club.
52. **Rogers, LQ** (November, 2008) “Management of asthma”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
53. **Rogers, LQ** (May, 2009) “LIVESTRONG Survivorship Center of Excellence Network”, discussion leader, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
54. **Rogers, LQ** (May 28, 2009) “Helping a breast cancer survivor to be a thriver: interventions immediately after primary cancer treatment”, symposium leader and one of the three symposium presenters (i.e., “Aerobic rehabilitation: what do patients need and how do we get them to do it?”), American College of Sports Medicine National Meeting, Seattle, Washington.
55. **Rogers, LQ** (July, 2009) “Nonsurgical management of osteoarthritis” and “Vitamin B12 deficiency”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Ambulatory Report.
56. **Rogers, LQ** (August, 2009) “Lumbar disc repair for sciatica” and “Psoriasis association with hypertension and atherosclerosis”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
57. **Rogers, LQ** (October 15, 2009 & September 28, 2011) “Collaborative research”, co-presenter with Andrzej Bartke, Ph.D., Southern Illinois University School of Medicine, Responsible Conduct of Research Course.
58. **Rogers, LQ** (November 2009) “When should a physician admit a patient for asthma exacerbation?” and “What are the current recommendations for abdominal aortic aneurysm screening?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
59. **Rogers, LQ** (January, 2010 & January, 2011) “Population health and prevention review”, one-hour lecture, Southern Illinois University School of Medicine, year 2.
60. **Rogers, LQ** (February 16, 2010) “What combination of drugs should be used in a patient with PUD and a history of CAD?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
61. **Rogers, LQ** (March, 2010) “Lifetime physical activity and prostate cancer incidence and mortality”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.

62. **Rogers, LQ** (April 17, 2010) “Exercise after a breast cancer diagnosis”, presentation for Women In Support of Each Other’s Recovery (WISER) group at the Southern Illinois University Breast Center.
63. **Rogers, LQ** (2010 – 2012 academic year) One hour open forum related to exercise during each session of the 4th year elective entitled “Medical Student Physical Fitness Elective”.
64. **Rogers, LQ** (2010 - 2012) “Obesity and nutrition”, Third year medical student clerkship seminar (4 times per year).
65. **Rogers, LQ** (October 14, 2010) “Clinical grants”, lecture for the 2010 ADRFA Grant Writing Class, Southern Illinois University School of Medicine.
66. **Rogers, LQ** (October 16, 2010) “Effect of exercise on mortality and recurrence after a breast cancer diagnosis”, presentation at the Memorial’s Women’s Be Aware Fair, Springfield, IL.
67. **Rogers, LQ** (October 22, 2010) “American Cancer Society/Academic Partnerships: Cancer Research Update” panelist representing Simmons Cancer Institute at Southern Illinois University, 2010 Annual Volunteer conference, American Cancer Society, Illinois Division, Chicago, IL.
68. **Rogers, LQ** (October 26, 2010) “Women in Medicine”, panelist, Third Annual Diversity Week, Southern Illinois University School of Medicine, Springfield, IL.
69. **Rogers, LQ** (November 16, 2010) “What are proton pump inhibitors? What are the indications for use of a PPI? What are some side effects of PPIs?” and “What is the evidence based treatment for fibromyalgia? Are opioids indicated in the treatment of fibromyalgia?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
70. **Rogers, LQ** (March 15, 2011) “Are retinoids safe for treating acne in a young woman who is not using birth control?” and “What are insulin pumps?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.
71. **Rogers, LQ** (April, 2011) “The Immortal Life of Henrietta Lax”, discussion leader, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
72. **Rogers, LQ** (April, 2011) Radio interview with Jim Leach of WMAY radio regarding my exercise and breast cancer research.
73. **Rogers, LQ** (June 2011) Moderator and participant for a panel discussion on multi-center exercise and cancer research trials, American College of Sports Medicine (ACSM) Cancer Interest Group meeting at the ACSM national meeting, Denver, CO.
74. **Rogers, LQ** (June 21, 2011) “Does postmenopausal hormone replacement therapy protect women from cognitive aging/decline?” and “Is there any way to predict the future risk of general cardiovascular disease in a patient?”, moderator, Southern Illinois University School

of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.

75. **Rogers, LQ** (July 12, 2011) “Current exercise and breast cancer studies”, presentation for the Memorial Medical Center employee breast cancer support group, Springfield, IL.
76. **Rogers, LQ** (September 7, 2011) “Exercise and cancer research at Southern Illinois University”, presentation for the Department of Medicine Community Advisory Group. Southern Illinois University School of Medicine, Springfield, IL.
77. **Rogers, LQ** (September 12, 2011) “What every breast cancer survivor should know about exercise”, presentation for the Greater All Nation Tabernacle Church of God in Christ Health Ministry Senior Luncheon, Springfield, IL.
78. **Rogers, LQ** (September 28, 2011) “SIU School of Medicine exercise and cancer research program”, presentation for the DGIM monthly research meeting. Southern Illinois University School of Medicine, Springfield, IL.
79. **Rogers, LQ** (December, 2011) “Barriers to recruitment of rural patients in cancer clinical trials”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
80. **Rogers, LQ** (February, 2012) Radio interview with Bob Murray of WTAX radio regarding my exercise and breast cancer research.
81. **Rogers, LQ** (February, 2012) Television interview for WICS-TV20 Spotlight 20 regarding my exercise and breast cancer research.
82. **Rogers, LQ** (February, 2012) “Exercise and weight management”, employee presentation, Biggest Loser worksite program, Southern Illinois University School of Medicine, Springfield, IL.
83. **Rogers, LQ** (March, 2012) “All’s well that ends well? Quality of life and physical symptom clusters in long-term cancer survivors across cancer types”, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
84. **Rogers, LQ** (June 1, 2012) “Using physical activity to improve the health of rural populations: A call to action”, supporting tutorial presenter; one of two presenters; American College of Sports Medicine National Meeting, San Francisco, CA.
85. **Rogers, LQ** (June 2, 2012) “Exercise after head and neck cancer diagnosis: Opportunities and challenges”, lead tutorial presenter; one of two presenters; American College of Sports Medicine National Meeting, San Francisco, CA.
86. **Rogers, LQ** (August 21, 2011) “Why does standard of care for node positive rectal cancer involve the use of neoadjuvant chemoradiation therapy?”, moderator, Southern Illinois University School of Medicine, year 3, Internal Medicine Clerkship Out-patient Clinical Question Case Conference.

87. **Rogers, LQ** (October, 2012) - Puetz TW, Herring MP. Differential effects of exercise on cancer-related fatigue during and following treatment: A meta-analysis, *Am J Prev Med* 2012; 43(2):e1-e24, journal article presentation, Simmons Cancer Institute Population Science Journal Club, Southern Illinois University School of Medicine, Springfield, IL.
88. **Rogers, LQ** (January, 2013) “Exercise and cancer survivorship: Building a research program”, presentation for the Cancer Control and Population Sciences Program, UAB Comprehensive Cancer Center, Birmingham, AL.
89. **Rogers, LQ** (February, 2013) “Physical activity and cancer: Overview of the literature and assessment methods”, seminar for NTR 724 (Research strategies for the study of diet, energetics, and cancer), UAB Department of Nutrition Sciences, Birmingham, AL.
90. **Rogers, LQ** (April, 2013) “Exercise and fatigue in cancer survivors”, 2012-13 Distinguished Lecture Series for UAB Center for Exercise Medicine, Birmingham, AL.

RESEARCH SUPERVISOR, GRADUATE STUDENT OR OTHER INTERNSHIP PROGRAM

Lisa Carney, 2002
 Anu Shanmugham, 2002 - 2004
 Amanda Grieve, 2003
 Anna Moore, 2004 - 2005
 Ramnarayan Gururaja, 2004 - 2005
 Meenakshi Nagarkar, 2005 - 2006
 Doug Zobrist, 2007
 Vishal Burra, 2007
 Amaris Tippey, 2007 – 2008
 Kelsey Dunnington, 2012

THIRD YEAR MEDICAL STUDENT MENTOR PROGRAM, DEPARTMENT OF MEDICINE, SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE (CLINICAL AND EDUCATIONAL ACTIVITIES)

Jessica Wienstein, 2001
 Jessica Dermody, 2002
 Todd Wentz, 2003

INTERNAL MEDICINE RESIDENT RESEARCH SUPERVISOR, DEPARTMENT OF MEDICINE, SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE

Hammad Bajwa, 2002 - 2004
 Lalitha Chittai, 2003 - 2005
 Thandiwe Gray, 2005 - 2007
 Andrea Coca, 2005 - 2007
 Ani Annamalai, 2006 - 2007
 Mudita Bhugra, 2009 - 2012
 Sini Kalapurakal, 2009 - 2012
 Megha Bendre, 2011 - 2012

SOUTHERN ILLINOIS UNIVERSITY MEDICAL STUDENT RESEARCH SUPERVISOR,
DEPARTMENT OF MEDICINE, SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE

Staci Koski, 2001 - 2002

Sarah Falcon, 2008

Deanna Deschler, 2008 - 2010

Sara Dumich, 2009 - 2011

Stefanie Ames, 2009 - 2012 (faculty advisor for Ms. Ames' 2011 Carolyn Kuckein AOA Student Research Fellowship award)

Lisa Shah, 2010

Amanda Velazquez, 2011 – Present (faculty advisor for Ms. Velazquez's 2012 Carolyn Kuckein AOA Student Research Fellowship award)

Dian Canaday, 2011 - 2012

MENTORED PROFESSIONAL ENRICHMENT EXPERIENCE, SOUTHERN ILLINOIS
UNIVERSITY SCHOOL OF MEDICINE

Kara McCoy, 2010

MASTER'S THESIS COMMITTEES

Student: Lori Koch

Dates: 2005

Degree: Master's in Biology

Institution: University of Illinois at Springfield

Title: Assessment of the effects of physical activity on quality of life in head and neck cancer patients

Role: Advisor

Student: Christie Ward

Dates: 2012 -2013

Degree: Ph.D. in exercise physiology

Institution: University of Georgia, Athens, GA

Title: Dissertation related to body composition, physical functioning, and fatigue in breast cancer survivors

Role: Committee member

ILLINOIS AMERICAN CANCER SOCIETY SUMMER HIGH SCHOOL RESEARCH PROGRAM
MENTOR

Astasia (Stacy) Clayborne, Summer 2006

SOUTHERN ILLINOIS UNIVERSITY SCHOOL OF MEDICINE CLINICIAN SCIENTIST
MENTOR

Kathy Bottum, M.D., Ph.D., 2007 - 2009