

NAASO News

NAASO 2003 AWARDS

It's time to nominate the individual of your choice for four of NAASO's distinguished awards. The awards to be presented at an Annual Meeting session include:

The TOPS Award

The Lily Scientific Achievement Award

The Stunkard Lifetime Achievement Award

The George Bray Founders Award

All complete nominations must be received in the NAASO office by June 2, 2003.

To learn about each award and the nominating process, please go to www.naaso.org/annualmeeting03.

FREE ONLINE CME FROM NAASO – 2 COURSES AVAILABLE

Two courses are available, online, all the time. These courses are designed to assist physicians as they face the emerging epidemic of obesity. Access these courses from the convenience of your home or office.



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Assessment and Management of Overweight and Obesity in Adults

Developed with the National Heart, Lung, and Blood Institute (NHLBI), the two CME modules review the importance of weight management, health risks, treatment, weight loss motivations, and appropriate strategies.

Cine-Med, Inc. has designated each educational activity for a maximum of 2 category 1 credits toward the AMA Physician's Recognition Award. Log on to NAASO's first online CME course, Office Management of Obesity, for 2 hours of Continuing Medical Education credits.

Course information includes diet and counseling suggestions, physical guidelines and reimbursement information.

This course is made possible with an unrestricted educational grant from Abbott Laboratories.

In Memoriam - Roland L Weinsier

William James' aphorism, "the best use of life is to spend it for something that outlasts life," was inscribed on a plaque awarded to Roland L. Weinsier, M.D., Dr.P.H. at a symposium in his honor on November 22, 2002. Sadly Dr. Weinsier died just five days later at the age of 60.

Director of the Division of Clinical Nutrition in the newly formed Department of Nutrition Sciences University of Alabama, Birmingham, USA, in 1977, from 1988 to 1999 he served as department chair. In 2000 he stepped down to direct UAB's Clinical Nutrition Research Center, newly funded by NIDDK.

He is best remembered for his leadership in education and research accomplishments in the Department of Nutrition Sciences which ranked second in a U.S. News and World Report rating graduate programs and NIH funding. He established a research group focusing on obesity, energy metabolism, and body composition, where he made his greatest contribution.

He wrote or contributed to 16 books, including the Handbook of Clinical Nutrition, a "bestseller" with 50,000 copies in three editions. In 1983 he reported the effects of high- vs. low-energy density diets on satiety, energy intake, and the eating durations of obese and non-obese subjects. Recent findings focused on inadequate physical activity as the principal cause for the rising prevalence of obesity in the U.S., and differences between blacks and whites in body composition and muscle fiber efficiency that could explain their different propensities for obesity. Much of his work questioned the set-point theory in the etiology of obesity.

Until illness gradually sidelined him during 2002, Dr. Weinsier's research intensified in the last three years and 29 of more than 150 refereed journal articles he co-authored were published in his last two years.

In recognition of his monumental contribution to nutrition science, education, and clinical practice, a one-day symposium was held in his honor where internationally renowned colleagues and collaborators over the years made scientific presentations and celebrated his life's work. The proceedings will be published in Obesity Research. In remembering him as a humble yet superb leader, a mentor and role model to all as well as a kind and generous friend with complete integrity, the nutrition science community has lost a truly great man.

Douglas C Heimburger and David B Allison